

Older Adult Services Advisory Committee Meeting

Date: May 9, 2005

Location: Crowne Plaza, Springfield, Illinois

IN ATTENDANCE:

Committee Members:

- Darby Anderson – Addus HealthCare
- Paul Bennett - Central West Case Management Unit
- Ann M. Cooper – Illinois Association of Nutrition Programs
- Thomas Cornwell, MD – HomeCare Physicians
- Larry Frang – Illinois Municipal League
- Donna Ginther – AARP
- Flora Johnson – SEIU Local 880
- Myrtle Klauer – Illinois Council on Long Term Care
- Jonathan Lavin –Suburban Area Agency on Aging
- Linda Leone – Prairieland Home Care
- Joyce Lony – Eden United Church of Christ
- Jean McCain – Livingston Manor
- Phyllis Mitzen – citizen member over 60
- Harriet O'Connor – Illinois Hospice and Palliative Care Organization
- Ruth Rankin – Sarah Bush Lincoln Health System
- Karen Anne Rose – Institute of Physical Medicine and Rehabilitation
- Brian Schwarberg – Alzheimer's Association
- Tim Thomas – SEIU Local #4
- Cathy Weightman-Moore – Catholic Charities Long Term Care Ombudsman Program

Committee Members not in attendance:

- Stephanie Altman – Health and Disability Advocates
- Sydney Bild – Metro Seniors in Action
- Dennis Bozzi – Life Services Network
- Pat Comstock – Illinois Health Care Association
- James R. Donelan – The Township Officials of Illinois
- Marion Hanks-Bell – registered nurse
- David Lindeman – Mather LifeWays
- Patricia O'Dea-Evans – A Place for Mom
- Steve Rothschild – Rush University Medical Center
- Carmen Velasquez – Alivio Medical Center
- Cheryl Woodson – Woodson Center for Adult HealthCare
- Cynthia Worsley – Association of Illinois Senior Centers

Ex-officio – non voting Committee Members in attendance:

- Jennifer Novak – Illinois Housing Development Authority
- Sinead Rice-Madigan – Illinois Department of Financial and Professional Regulation, Division of Insurance
- Charles D. Johnson – Illinois Department on Aging
- Sally Petrone – Illinois Department on Aging, State Long Term Care Ombudsman
- Gwen Diehl – Illinois Department of Veterans Affairs
- John Eckert – Illinois Department of Human Services

Ex-officio – non voting Committee Members not in attendance:

- Enrique Unanue – Illinois Department of Public Health
- Ann Marie Murphy – Illinois Department of Public Aid
- Jared Thornely – Office of the Governor
- Bert Gisi – Illinois Finance Authority

OBSERVERS:

- Frank Daigh – AARP
- Matt Hartman – Illinois Health Care Association
- Alicia Weber – SEIU-880
- John Hosfeny – Corporation for National and Community Service
- Debbie Witt – Illinois Home Care Council
- Jody Donatt – RSVP
- Helen McDonald – Provena Covenant Medical Center
- Joy Rathe – Family Services
- Lisa Bosjahm – RSVP
- Karen Schainker – Association of Illinois Senior Centers
- Ruth Waeltz – Area Agency on Aging of Southwestern Illinois Department on Aging
- Carol Gosney – Adams County RSVP
- Mary Patton - AARP

State Agency Representatives:

- Joseph Hylak-Reinholtz – Illinois Department of Public Aid
- Michael Gelder – Illinois Department on Aging
- Michele Piel – Illinois Department on Aging
- Kelly Cunningham – Illinois Department on Aging
- Joseph Lugo – Illinois Department on Aging
- Kim Cox – Illinois Department on Aging
- Molly Spengler – Illinois Department on Aging
- Rance Carpenter – Illinois Department on Aging
- Betsy Creamer – Illinois Department on Aging
- Gidget Freeberg – Illinois Department on Aging
- Leann Dolan – Illinois Department on Aging

SUMMARY

Welcome and Introductory Remarks:

The meeting was opened by Director Johnson. Director Johnson welcomed participants and adjusted the agenda to allow for Deputy Director Michael Gelder to provide an update of the National Governor's Association conference held in Atlanta, Georgia.

Deputy Gelder provided a handout titled National Governor's Association, LTC Best Practices Policy Academy, May 2005, Illinois strategies. Illinois applied last year and was denied. We reapplied this year and were successful. Seven from Illinois attended the conference. They were Director Johnson, Deputy Gelder, Phyllis Mitzen, Jonathan Lavin, Donna Ginther, Enrique Uananue and Joseph Hylack-Reinholtz.

Representatives from Hawaii, Washington, Mississippi, Michigan and Oklahoma also attended the conference.

The four strategies for Illinois are long term funding, workforce development, elder-friendly communities and to modify existing Community Care Program (CCP) features. The issue of long term funding will be referred to the Finance workgroup for consideration. The issue of workforce development which includes focusing on direct care workers and strategies for collective bargaining with workers will be referred to the Caregiver/Workforce workgroup. The Services workgroup is asked to look into modifying the existing CCP features to include such things as integrating the family role as an element in holistic care management and utilizing technology to "do more with less".

Approval of Minutes:

Donna Ginther had one correction from the minutes of the February 28, 2005 meeting. The minutes reflected a statement that was not made by Donna regarding adding a subcommittee. The comment was actually made by a representative from Congressman Rush's office. The minutes will be changed to reflect the correction.

Donna Ginther motioned to approve the minutes. Motion seconded by Darby Anderson.

Executive Committee:

The Executive Committee has been appointed by Director Johnson. A list of those members on the Executive Committee was handed out as well as notes from the first Executive Committee meeting held on April 25 by conference call.

Director Johnson provided a summary on the Executive Committee's discussion on visitors and their role at the committee meetings. Only Committee members will sit at the table. Visitors are asked to sit in chairs provided along the perimeter of the room. Observers will be allowed to comment after each agenda item and at the end of the meeting.

The consultants will meet with the Executive Committee to discuss the planning process.

Committee Member Terms:

Terms of Committee members were drawn. The law calls for ten people to serve for one year, ten to serve two years and twelve to serve three years.

Those members serving a one year term:

Sydney Bild
Pat Comstock
Thomas Cornwell
Larry Frang
Donna Ginther
David Lindeman
Ruth Rankin
Karen Anne Rose
Tim Thomas
Cynthia Worsley

Three year term:

Dennis Bozzi
Marion Hanks-Bell
Flora Johnson
Jonathan Lavin
Joyce Lony
Jean McCain
Patricia O'Dea-Evans
Steven Rothschild
Brian Schwarberg
Carmen Velasquez
Cheryl Woodson

Two year term:

Stephanie Altman
Darby Anderson
Paul Bennett
Ann Cooper
James Donelan
Myrtle Klauer
Linda Leone
Phyllis Mitzen
Harriet O'Connor
Cathy Weightman-Moore

All members agreed on the results.

State Agency Reports:

Illinois Department on Aging:

Michele Piel provided the report for the Department on Aging. The Department has two demonstration projects taking formation that are named in the law. These demos are in the process of starting. The first demo is the rebalancing initiative which includes the inventory. The Department has received federal funding to do the demo. The second demonstration project is Cash and Counseling with the Illinois Public Health Association. A project manager has just been hired. The Department is purchasing all of the technical assistance Robert Wood Johnson Foundation (RWJF) has been using although the money is not from RWJF. This will be for Community Care Program (CCP) eligible people.

Phyllis Mitzen provided a summary of Cash and Counseling. It is a subset of the consumer direction movement. Other states have been funded through the RWJF including Florida, New Jersey and Arkansas. Money is given in the form of a voucher. The case manager becomes a counselor to families, sets up a budget with the client and then the client is able to spend the money as they see fit. The client is able to hire family member or neighbor to provide care or the money can be spent on home modifications. The program allows for flexibility to the client when it comes to expending the money. The website www.cashandcounseling.org can provide more information.

Michele Piel explained that the program will be in different parts of the state and will be available to seniors only. Ten other states are participating in the demonstration and are including those individuals with disabilities. Illinois will have the lowest monthly spending. We could have a statewide fiscal intermediary.

Molly Spengler, Illinois Department on Aging, provided an update of the Enhanced Transition Demonstration project the Department is working on. This is the result of 5057 and 2880. It requires Aging to establish Enhanced Transition/Community Reintegration to enable nursing facility residents to move back home. This will be available in selected areas of state. As funding becomes available, it will be expanded statewide.

\$2 million have been transferred to the Department on Aging from the Department of Public Aid. The Department sent a request for information to all of the thirteen Area Agencies on Aging. Twelve of the thirteen responded. The Department reviewed the proposals and six areas were selected. The selected areas are Planning and Service Areas: 1, 3, 6, 11, 12 (north side of city) and, 13 (northern suburbs served by the North Shore Senior Center).

Each of the selected AAA will meet with Department staff to go through their program design and answer staff questions. There will be extensive program evaluation and testing to see which model works best and why. Once the demonstration is expanded statewide, the Department will have to write administrative rules and apply for a Medicaid waiver. We are not using Medicaid money right now. The grant money will be distributed before June 30 and each area will have two years to spend the money. We hope more money will be in FY 06 budget to continue the demonstration.

Many services are available including one time transitional service such as food, furniture, utility hook up, adult day service, homemaker service, home health, emergency home response, and anything else that would allow a person to move back to their home and sustain themselves in the community.

A person must be CCP eligible to participate although they do not have to be a CCP client.

This program is not designed for those people receiving rehabilitation in a nursing facility. The target population is those that would otherwise be in a long term care facility.

Joseph Lugo is mapping out available housing for seniors. We are working with DPA to obtain start dates and census information. This will be a part of the program evaluation.

The Department allowed a lot of flexibility to see what works best in individual communities to allow an individual to leave a nursing facility and live in the community.

Illinois Department of Public Health:

The Department of Public Health was unable to attend and will be asked to provide a written report.

Illinois Department of Public Aid:

Joseph Hylak-Reinholtz provided the report the Department of Public Aid (DPA). The work of DPA is internal. They are working to get actively involved in all of the workgroups and doing research. Joseph is currently on the Finance workgroup. They are exploring ways to get Medicaid match and better provide community based services. The nursing home grant conversion program has not had much progress. The Finance workgroup will address this issue at some point.

DPA was an active participant in the NGA meeting in Atlanta. DPA is now able to focus on key areas and create a starting point of where we need to go.

Workgroup Reports:

Workforce and Caregivers

Darby Anderson provided the update and a handout on the workgroups strategic goal statement. They will continue to refine the goals and objectives and will be using outside information to do this. The workgroup is planning its first face to face meeting in June to review input and refine objectives. They will continue to assemble background and research on short term objectives until further direction from the Committee is provided.

The workgroup will prepare reports for approval from the Committee on 2005 objectives.

The workgroup is focusing on direct care workers and case managers.

Services

Donna Ginther spoke for the services workgroup. They have met twice. Minutes from both meetings were handed out. The goal of the workgroup is to fit within what the Department is working on and to compliment the Department. The first goal of the workgroup is to have a big table to discuss service expansion. The workgroup has been contacting major associations of the state. All meetings of the workgroup are face to face in Pontiac. Anyone is welcome to attend.

At the workgroup's first meeting, Molly Spengler of the Department on Aging discussed where the Department is at and how it is proceeding. The rebalancing grant, #6 of the federal grant, is for \$300,000 for an inventory of services. The workgroup has decided to serve as an informal advisory group to the Department on that grant.

The workgroup is also developing three subgroups. The subgroups are on nursing home conversion, looking at what is a priority service area and what are the services that we need to expand into and, quality improvement/ quality assurance across the spectrum of long term care services out there. Out of the subgroups, will come the workgroup's goals and objectives. The next meeting of the workgroup will be June 6 in Pontiac.

Finance

Debbie Witt provided the update for the workgroup. They have not met since the last meeting of the full advisory committee. The next meeting is scheduled for May 25th at 3 pm. Pat Comstock, Debbie Witt and Kim Cox of the Department met last week to develop a plan.

The workgroup will map out where funding is coming from, both state and federal. This list may already exist and may only need updated. They had a discussion to determine the true cost of each service. The workgroup feels it cannot fund a program unless the cost is known. The nursing home conversion program is discussed in the bill. At the last meeting the workgroup asked the entire committee how to proceed with that. The workgroup did not receive any feed back and have decided to let that issue be concentrated on by the services workgroup.

Joe Hylack-Reinholtz of DPA commented on the conference in Atlanta. A number of things that need to go to the finance workgroup were discussed at the conference such as global budgeting and financing "in facility" people and "out of facility" people. Phyllis Mitzen and Joseph Hylak-Reinholtz will develop a list of what was discussed at the conference in Atlanta that the Finance workgroup needs to work on.

One of the first products of the workgroup will be a report on best practices.

Point of Entry

Jonathan Lavin provided the update for the workgroup. They will be meeting Friday in Oak Park. He had several handouts. The workgroup has met twice since the last meeting of the committee including a face to face meeting in Bloomington.

This Friday, May 13, the workgroup will look at the elder services program that is the resource inventory that the Atlanta Department on Aging developed. The workgroup had a presentation by Paul Bennett on Case Coordination Unit (CCU) strengths and weaknesses. They also had a presentation by AARP members on employment security. The workgroup wants seniors to be able to understand what services are available. The workgroup has a wide vision and hopes to have a preliminary list of all things that need to be planned for to allow a senior to get help.

Donna Ginther will provide the workgroup with contact information for a person from Colorado that has been able to bring clarity to other states programs

Michele Piel encouraged each committee member to get involved in a workgroup.

Paul Bennett suggested that each workgroup develop a set of goals and a strategic vision to present to the full committee to be voted on.

Jonathan Lavin suggested creating a housing subgroup.

Jennifer Novak of the Illinois Housing Development Authority provided a handout, Building for Success: Illinois' Comprehensive Housing Plan. This document is also available on IHDA's website, www.ihda.org.

The Department's website has been updated to include information on the Older Adult Services Advisory Committee.

Other Business

Director Johnson informed the committee that the Department requested \$22.4 million at the appropriations hearing.

SB 1324, which is being referred to as Community First was discussed. Most agencies are neutral or oppose this legislation. What impact would this have on developing an infrastructure in 2880? Michael Gelder is the lead for the Department on Aging and will have to get back to the Committee on this topic. The legislation calls for \$2 million. It is unclear if this money is coming from an existing line and if this money will be available for demonstrations.

The Department is interested in developing a list of best practices but has not looked outside of the United States. Scandinavia was suggested. Donna Ginther will send out information that relates to other countries. Scandinavia has models for cash and counseling and housing. The Department is still in the process of gathering information and best practices and would welcome any input.

A concern was raised that volunteers are not being mentioned in these discussions. Senior Companion is an existing program that uses volunteers and is doing what nursing facilities can't do. Director Johnson acknowledged that 95% of care is by family members and volunteers. The Department is focused on the government side of the issue but is cognizant of other resources. Donna Ginther has invited the association for senior companions to participate on the services subcommittee.

Jonathan Lavin motioned to adjourn the meeting.
The motion was seconded by Paul Bennett.

The meeting was adjourned at 3pm.

(These minutes were approved by the committee on August 8, 2005.)