



Older Adult Services Advisory Committee Meeting

Date: September 10, 2007

Location: Capitol City Training Center, Springfield, and
James R. Thompson Center, Chicago

IN ATTENDANCE:

Committee Members:

- Stephanie Altman – Health and Disability Advocates
- Darby Anderson – Addus HealthCare
- Carol Aronson – Shawnee Alliance for Seniors
- Pat Stacy Cohen – Illinois Adult Day Service Association
- Ann M. Cooper – Illinois Association of Nutrition Programs
- Thomas Cornwell, MD – HomeCare Physicians
- Jerry Crabtree – The Township Officials of Illinois
- Frank Daigh – family caregiver
- Scott Musser for Donna Ginther – AARP
- Flora Johnson – family caregiver and SEIU Local 880
- Myrtle Klauer – Illinois Council on Long Term Care
- Michael Koronkowski – University of Illinois at Chicago
- Jonathan Lackland – Alzheimer's Association
- Jonathan Lavin – Age Options
- Phyllis Mitzen – citizen member over 60
- Jan Costello for Nancy Nelson – Illinois HomeCare Council
- Patricia O'Dea-Evans – Northwest Community Hospital
- Margaret Rudnik - Illinois Hospice and Palliative Care Organization
- Tim Thomas – SEIU Local #4
- Cathy Weightman-Moore – Catholic Charities Long Term Care Ombudsman Program

Committee Members not in attendance:

- Dennis Bozzi – Life Services Network
- Pat Comstock - Illinois Health Care Association
- Joyce Gusewelle – Eden United Church of Christ
- David Lindeman – Mather LifeWays Institute on Aging
- Steven K. Rothschild, M.D. – Rush University Medical Center
- Karen Schainker – Association of Illinois Senior Centers
- Carmen Velasquez – Alivio Medical Center
- Cheryl Woodson, M.D. – Woodson Center for Adult HealthCare

Ex-officio – non-voting Committee Members in attendance:

- Charles D. Johnson – Illinois Department on Aging
- Kelly Cunningham for Theresa Wyatt – Illinois Department of Healthcare and Family Services
- Sally Petrone – Illinois Department on Aging, Long Term Care Ombudsman
- Jennifer Novak – Illinois Housing Development Authority
- Joe Hamlett for Teri Dederer – Illinois Department of Human Services
- Gale Hedges for Maureen Palmer – Illinois Department of Commerce and Economic Opportunity

Ex-officio – non-voting Committee Members not in attendance:

- Enrique Unanue – Illinois Department of Public Health
- Jared Thornley – Office of the Governor
- Yvonne Clearwater – Illinois Department of Financial and Professional Regulation
- Gwen Diehl – Illinois Department of Veterans Affairs

OBSERVERS:

- Jeremy Schroeder – SEIU 880
- Marianne Brennan – Health and Medicine Policy Research Group
- Priya Vin – Health and Medicine Policy Research Group
- Eleanor DiAngelo - Chicago Department on Aging
- Bonnie Lockhart - Illinois Foundation for Quality Health Care
- Robyn O’Neill
- Julie Hess
- Margaret Niederer
- Tagore Sunkara – Illinois Department of Healthcare and Family Services

Illinois Department on Aging:

- Michael Gelder
- Shelly Ebbert
- Ross Grove
- Paul Bennett
- Leann Dolan
- John Eckert
- Jan Cichowlas
- Portia Riley

SUMMARY

Welcome and Introductory Remarks

Charles welcomed members to the meeting and participants introduced themselves.

Approve agenda — Phyllis Mitzen moved to approve the agenda. Flora Johnson Seconded. The agenda was approved.

Approve minutes — Flora Johnson moved to approve the minutes. Myrtle Klauer seconded. The minutes were approved.

Executive Committee Report — Darby Anderson reported the executive committee has met regularly and has been doing a preliminary evaluation of the workgroup objectives and providing feedback to the workgroup chairs to better craft the recommendations.

Deputy Gelder added the Department has been working with Deloitte to review the data processing needs of the Department and the aging network. Deloitte created recommendations in three states to move forward. This document was distributed to the executive committee.

State Agency Reports

Illinois Department of Healthcare and Family Services (IDHFS) — Kelly Cunningham reported on October 1, 2007, that Supportive Living Facilities will be subject to the non emergency transportation services prior approval requirement. The non emergency transportation vendor is First Transit. The waiver for Supportive Living Facilities was approved June 30. There are 81 operational facilities.

The Disease Management Program, Your Healthcare Plus, began their initiative in long term care facilities to meet chronic care conditions. McKesson is the vendor for the Disease Management Program and has contracted with Enhanced Care Initiatives. The program is operating in ten facilities. The project does not provide direct care but supports care in the facilities and creates linkages to services. Further efforts will be to move downstate.

Kelly reported on Money Follows the Person (MFP). The State Leadership Team has begun meeting with the goal of submitting the Operational Protocol to federal CMS in December/January. The group is also discussing the role of consumers in the advisory process and is soliciting consumer membership through sister agencies. SB 765 was signed by the Governor and codifies MFP efforts.

Illinois Housing Development Authority (IHDA) — Jennifer Novak distributed an activities handout.

- 1) Rental Housing Support Program — IHDA completed 6 application workshops for Local Administering Agencies around the State. Additional one or two workshops may be scheduled prior to the November 30th application deadline.
- 2) The Governor's Housing Task Force-Supportive Housing Working Group has developed a common definition for "supportive housing". Next steps for the Working Group include determining the estimated number of supportive housing units needed in the State, and recommending actions to reduce or eliminate barriers to supportive housing development.
- 3) Analysis of Fair Housing Impediments — The State is in the process of updating this ten-year-old document. IHDA has contracted with University of Illinois-Building Research Council to conduct a survey, literature review, and analysis of fair housing complaints.
- 4) Low Income Housing Tax Credits — The draft 2008-2009 Qualified Allocation Plan (QAP) is on IHDA's Web site (www.ihda.org). The public comment period on the document will start August 31, and end September 21, 2007. A public hearing is scheduled for September 10, 2007, at 10:00 a.m. at IHDA's offices, 401 North Michigan Avenue, 7th floor, Chicago.
- 5) Reports — We're currently working on the 2007 Interim Progress Report, which covers Comprehensive Housing Plan activities from January to June, 2007; and the Consolidated Plan-2008 Action Plan, which is a HUD-required document estimating State activity from January to December, 2008.
- 6) 2008 Comprehensive Housing Plan — We are looking to re-engage and re-invigorate the Housing Task Force in 2008 with new, topical Working Groups. If you have a suggestion for a Task Force Working Group topic, please contact me.
- 7) Home Modification Program — This year's program funding was doubled to \$2 million. Awardees were approved by IHDA's internal loan committee Monday, and are expected to be approved by IHDA's Board this month (September 21). Sixteen applications were received and twelve were

approved. 138 units will receive assistance, split evenly between seniors and persons with disabilities. 75 units will be for very low-income, and 60 units will be for extremely low-income persons.

Illinois Department on Aging (Department) — Deputy Gelder reported the Department's budget has been approved along with other state agencies. The Department received a \$25 million reduction in the Community Care Program (CCP). There are no plans to reduce services and may have to request a supplemental in the spring or have payments delayed until FY 09. The home delivered meal program reflects additional food costs and could provide a small increase to food providers; otherwise, the budget is same as FY 07.

There is a \$1 million increase for self neglect that reflects increased responsibilities due to 2006 legislation. A taskforce has been developed that has met and created definitions and will make recommendations to the Department in December.

The Department is sponsoring a nutrition summit on October 31 in conjunction with the Senior Center Conference. This is a direct follow up from a services workgroup recommendation.

The Department sponsored a branding conference to discuss coordinated point of entry. A consultant was brought in facilitate and provide follow up. The Department will review the recommendations internally and then follow up with the group that attended the conference.

Shelly Ebbert reported the Department has applied for grants through the Administration on Aging. The Nursing Home Diversion Modernization grant looks at increasing the availability of home and community based options to keep people out of nursing homes with an emphasis on consumer direction. The Department's proposal looked at expanding Cash and Counseling. The application was submitted August 24.

The Department also applies for Evidence Based services related to Alzheimer's. That application was submitted on August 27.

The Department has been approved for \$200,000 supplemental for the Aging and Disabled Resource Centers (ADRC).

Discussion

Enhanced Transition

Marianne Brennan and Phyllis Mitzen of the Health and Medicine Policy Research Group presented a report on the Enhanced Transition program. The presentation was distributed to members.

The Department implemented the Enhanced Transition (ET) program two years ago. Most states have a similar program in place but use different models, similar to the Money Follows the Person approach.

Each site has dedicated care coordination for ET. In the last two years 532 clients have been assessed and 209 transitioned. For those transitioned, the average Determination of Need (DON) score is 54 and the average age is 75. Ongoing services are utilized less frequently and less consistently across sites.

The majority of ET clients were admitted to the nursing facility for rehab or physical health needs that could not be met in community. Affordable housing is a key issue for people transferring back to the community.

Health and Medicine conducted 14 interviews asking a wide range of questions with the Area Agencies on Aging (AAAs), Case Coordination Units (CCUs) and other organizations that were doing care management. They found the AAAs and CCUs collaborated on outreach and how to use flexible funds. All areas found some nursing facilities receptive to the program and found the program helpful when Medicare ran out for the patient.

The surveys pointed to some essential care elements including having a dedicated case manager, funding, and interdisciplinary teams. There are also some essential service needs including medication management, home care workers, affordable housing, benefits transferring from the nursing home to the community and informal supports.

The report outlines some broad recommendations including:

- We should keep people from going in or staying in a nursing home. It is more expensive to move them back to the community the longer they are there.
- Expand the program statewide. All sites said the program works.
- Residents' length of stay shouldn't matter.
- Case managers need freedom, flexibility, and support. They need time and need to be reimbursed. They need to be resourceful. They need supervision and training, a low case load and every nursing home needs to be covered.
- Case managers need support from the nursing home and access to the nursing home. Nursing homes need incentive to participate.
- Strengthen the capacity of AAAs and CCUs to market and do outreach.
- Expand the homemaker role and hours of availability or continue to use private pay.
- Make the Long-Term Care Ombudsman Program a stronger partner.

Money Management

Paul Bennett reported on the Money Management study and provided a handout to members. The focus of the report is on income necessary for older adults to afford long term care. Focus groups were conducted throughout the state to locate gaps in services.

A study was conducted in Boston and found elders in Boston cannot make ends meet at the poverty level or with the average Social Security payment. Older Adults living alone were at 130% of the poverty level.

Paul received data regarding 555 clients, almost 100% of participants in the Department's Money Management program. CCUs submitted a budget performed on an annual basis that included income and expenses. The report shows participants of the Department's money management program are representative of nursing home residents but live in the community. The report also compares the information available on the money management clients to some of the preliminary information on the Home Again clients.

The Determination of Need (DON) scores for both Money Management and Home Again clients are close. The average income of the Home Again clients is less than those in the Money Management program.

The report looks at the cost of a nursing home and the Community Care Program (CCP), emergency home response and other services. Generally, the cost of CCP is less than a nursing home, however, the report stresses, nursing homes operate seven days a week, 24 hours a day. In terms of a plan of care, nursing home and CCP are similar. Those in the community need less service than those in a nursing home.

The report summarizes and highlights the interpretation of the data. Lower income older adults, particularly with health and physical challenges are finding it simply too expensive to continue community residency

without housing subsidies or shared housing environments. Asset levels, including asset protections and various programs for home owner exemptions should be preserved and strengthened.

The report outlines five strategies:

- Increase public awareness about community options
- Increase care coordination for targeted groups
- Increase transitional (and affordable) housing options
- Assistance that links housing and supportive services
- Increase incentives for diversion and transition

Workgroup Reports

Coordinated Point of Entry — Jonathan Lavin reported the workgroup objectives were developed before the retreat; they are being modified and will be submitted to the department. A report will be issued to the Department to explain where we are in the branding process. A brand needs to be identified and accepted across the state.

Finance — Stephanie Altman reported the workgroup will discuss Paul Bennett's report on Money Management and have a more in depth session with Paul. That fits in the workgroup's first objective. The workgroup's proposed objectives for 2008 were discussed.

Services — Carol Aronson reported the workgroup is working on writing up its successes. The workgroup objectives distributed is a total list of recommendations that came out of the workgroup. They are listed in order of priority based on votes at the last meeting. The workgroup chose not to omit any objectives that made it to the table. The workgroup is aware of the possibility that objectives could be limited. The workgroup is looking to the Older Adult Services Advisory Committee (OASAC) to accept the entire report or advice. The executive committee had recommendations that are not yet included in the workgroup objectives. The workgroup will meet on Monday to discuss suggestions from the executive committee and any from the full committee.

Nursing Home Conversion — Myrtle Klauer reported the workgroup has submitted the accomplishments towards the 2007 objectives and has incorporated the recommendations from executive committee into the 2008 objectives.

Workforce and Caregiver — Darby Anderson presented the objectives for the workgroup.

Shelly Ebbert reported the next steps for the completion of the report include the mandates section which will be worked on by the state agencies. Workgroup chairs should take the recommendations back to the workgroups for consideration. The Department will follow up with workgroup chairs to provide a timeline for written revisions to the workgroup objectives to be submitted to the Department for inclusion in the report.

The next meeting of the full committee is November 5. At that time, a more complete report will be reviewed by OASAC. We hope to release the final report at the Governor's conference in December.

These minutes were approved on November 8, 2007.