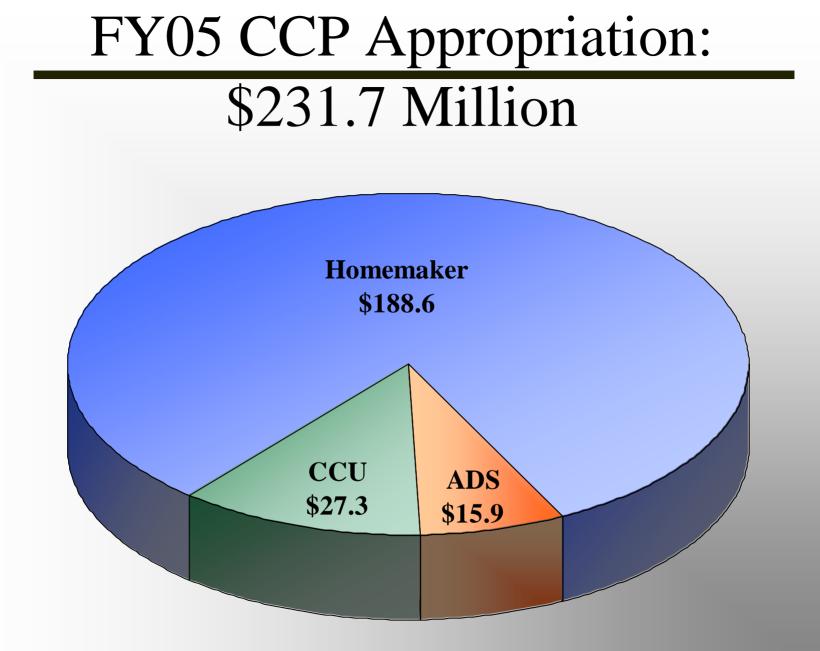
## Illinois Department on Aging

### **Older Adult Services Overview**

Prepared by the Division of Planning, Research and Development November 2004

### Community Care Program (CCP)

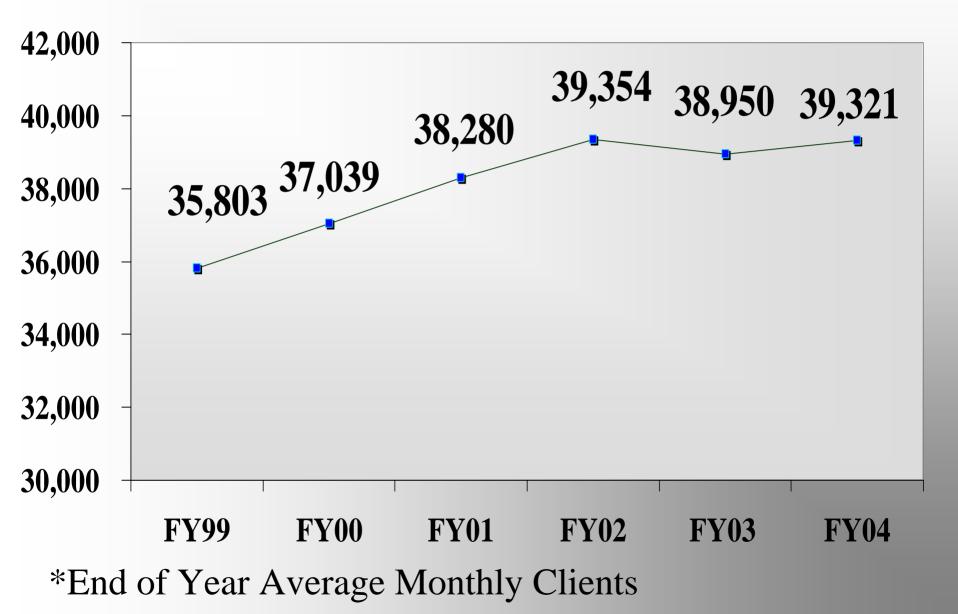
- The Community Care Program (CCP) was created in 1979 by Public Act 81-202.
- The CCP program prevents premature and unnecessary institutionalization of seniors by providing in-home and community-based services.
- Core CCP services are Homemaker, Adult Day Service, and Case Management. Other services are provided on a demonstration basis in limited areas of the state.
- EHR will be added as a core service by the end of Fiscal Year 2005.



### Eligibility Criteria for CCP Services

- Age 60 and Older
- U.S. Citizen
- Non-Exempt Assets of \$12,500 or less (increased from \$10,000 effective 1/1/2004)
- Illinois Resident
- Score of 29 or Higher on the Determination of Need Assessment (DON)
- Must Apply for Medicaid (effective 7/1/2002)
- Physician authorization for HCBS

### CCP Caseload History FY99-FY04\*



### **CCP** Client Demographics

- 65% are age 75 or older
- Over 75% are female
- Over 57% live alone
- 63% receive no other IDoA services
- 66% have an annual income of under \$10,000

## **CCP** Services

### Homemaker

- Homemaker services are provided by trained, supervised individuals. Homemakers assist with personal care and tasks such as meal preparation, laundry, housekeeping and shopping.
- An hourly reimbursement rate of \$11.06 is paid to contracted provider agencies.
- Homemaker and ADS agencies are mandated to follow the provisions of the Health Care Worker Background Check Act.
- Approximately 95% of all CCP clients receive Homemaker Services.
- Homemaker is available statewide. Most counties have more than one service provider.

### Adult Day Service (ADS)

- ADS offers direct care for adults in a community-based setting that provides personal attention and promotes wellbeing. Transportation must be provided or arranged, meals and snacks are provided, and each site must have a program nurse.
- An hourly reimbursement rate is paid to contracted provider agencies. Transportation is reimbursed per one-way trip.
- ADS clients are more impaired: 65% have moderate to severe dementia.
- Currently, 84 ADS sites offer service to clients who reside in 39 counties (63 counties are unserved).

### Case Management

- Case Management is provided through contracted local Case Coordination Units (CCUs).
- Case managers evaluate eligibility and need for services, establish plans of care for clients, provide ongoing case management, and perform nursing home pre-admission screening for all persons age 60 and over.
- Both Case Managers and Case Management Supervisors must have a BSN, a BA or BS in health or social sciences, social work, or health services administration, or be an RN (Case Managers may be LPNs).
- There are over 70 CCU administrative and local offices in Illinois.

### **Choices for Care Assessment Tool**

- This standardized needs assessment tool is used by case managers to evaluate CCP applicants, clients, and for nursing home prescreens.
  - The Mini-Mental State Examination (MMSE) assesses an individual's level of cognitive impairment.
  - The Determination of Need (DON) assesses an individual's functional ability to perform basic and instrumental activities of daily living, identifies unmet needs, and serves as the mechanism to develop a plan of care.
  - The Documentation for DON (Doc for DON) summarizes an individual's impairments, formal supports, service arrangements, and provides instructions to the provider.
- A minimum of 29 points indicates a need for long-term care.
- The statewide average CCP DON score is 46 points.

#### **Client Distribution by DON Score:**

DON Range	29 - 32	33 - 36	37 - 45	46 - 56	57 - 67	68 - 78	79 - 87	88 - 100
% of Clients	13.4%	17.6%	27.2%	17.6%	16.0%	5.1%	2.8%	0.3%

### Nursing Home Prescreens

- Universal preadmission nursing home screening began in FY97.
- All persons must be prescreened regardless of financial status.
- Case managers advise on all long term care options.
- Emphasis is placed on self-determination.
- CCP case managers conduct approximately 70,000 prescreens each year.

### State Entitlement

- Benson vs. Blaser was a class action suit which focused on the waiting list for CCP services.
- 1982 U.S. District Court Order ruled persons on a waiting list were entitled to timely determination of eligibility and service.
- Mandated Timeframes:
  - Eligibility determination within 30 days of submission of completed CCP application.
  - Notice of eligibility mailed to applicant within 15 days of date of eligibility determination.
  - Services provided to eligible applicants within 15 days of date notice was sent.

### Medicaid Waiver

- IDoA operates the Home and Community-Based Services Medicaid Waiver for the Elderly through the CCP.
- Illinois claims federal reimbursement, at a 50% match rate, for CCP spending on waiver-covered services provided to Medicaid eligible CCP clients.
- Approximately 50% of CCP clients are claimed for Medicaid match.
- Homemaker, ADS and ADS Transportation are currently claimed through the waiver.
- Case management is claimed as part of the state's administrative claim.

### IDOA Housing Option: Comprehensive Care in Residential Settings

- The CBRF demonstration project was implemented during FY98.
- Provides affordable assisted living for CCP clients
- Approximately 180 CCP clients participate in the CBRF demonstration project.
- Program reauthorized by General Assembly last year.

Current CCRS's:

- 1. CJE's Weinberg Center in Deerfield
- 2. Luther Center in Rockford
- 3. Beth-Anne Residences in Chicago
- 4. River to River's Big Muddy in Murphysboro

- 5. River to River's Hurricane Creek in Herrin
- 6. River to River's Cache Valley in Ullin
- 7. Fox River's Fox River Apts. in Olney
- CCP helps with expense of supportive services individuals private pay for the rent

CCP Emergency Home Response

- Core CCP service
- Planned to be available by the end of fiscal year 2005
- Medicaid waiver covered service

# Older Americans Act

### Federal Older Americans Act

### (OAA)

- Examples of Services:
  - Access I&A, Case Management, Outreach, Transportation
  - In-home Home Delivered Meals, Chore/Houskeeper, Respite
  - Community Congregate Meals, Legal Assistance, Housing Assistance, Counseling, Multi Purpose Senior Center, Gap Filling
- Over 350,000 individuals served

### Eligibility

- Age 60+
- Target Populations include those with the greatest economic need, minorities, seniors living alone, seniors over 75, and seniors in rural areas.

### Family Caregiver

- Information
- Access/Assistance
- Respite
- Counseling, Support Groups and Training
- Supplemental (Gap Filling, HDM, Legal Assistance)

## FY05 OAA Funding

- \$44.3 Million Federal
- \$14.6 Million General Funds
- 13 PSAs receive formula funding
- AAAs receive and distribute to community agencies.

Long Term Care System Reform Legislation



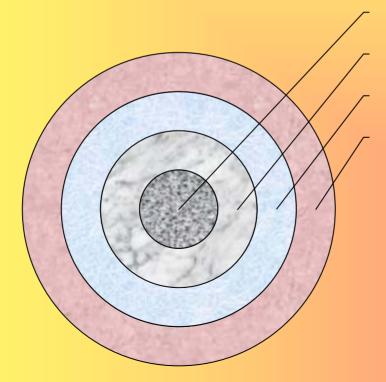
- Requires IDoA to provide transition services to eligible nursing home residents
- Demonstrations in selected areas of the state.
- \$2 million transferred to DoA from IDPA.
- Wide array of one-time expenses, intense case management, other support services.
- Separate Waiver.
- Engage AAAs, CCUs, Ombudsman, nursing homes, and Centers for Independent Living.

P.A. 93-1031 (SB2880)

### **Older Adult Services Act**

•Purpose: To transform and restructure Illinois' system of care for older adults.

•To shift focus from facility care to HCB care.



Advisory Committee Reports and Products Demo Projects and Grants Service Restructuring

### Purpose of PA 93-1031

- Promote a transformation of Illinois' comprehensive system of older adult services from funding a primarily facility-based service delivery system to primarily a home-based and community-based system, taking into account the continuing need for 24-hour skilled nursing care and congregate housing with services.
- Such restructuring shall encompass the provision of housing, health, financial, and supportive older adult services. It is envisioned that this restructuring will promote the development, availability, and accessibility of a comprehensive, affordable, and sustainable service delivery system that places a high priority on home-based and community-based services.
- Such restructuring will encompass all aspects of the delivery system regardless of the setting in which the service is provided.

Older Adult Services Act Department on Aging Mandates

- Report to General Assembly annually by 1/1/06.
- Promulgate rules.
- Develop and maintain services inventory\*.
- Develop "priority service areas" every five years beginning 7/1/06.\*
- Establish a core set of uniform quality standards for all providers that focus on outcomes.\*

### Older Adult Services Act Department on Aging Mandates

- Develop a plan that identifies barriers and provides recommendations on the provision and availability of services.\*
- Department on Aging, DPH, DPA, submit information to the Health Facilities
   Planning Board to update the Bed Need
   Methodology for Long-Term Care.

Older Adult Services Act DPA Responsibilities

- Propose a plan to with input from IDoA, IDPH and the Advisory Committee to
  - contain Medicaid nursing home costs,
  - maximize Medicare utilization and
  - evaluate financing options for older adults
- DPH and DPA shall document estimated savings of the Nursing Home Conversion Program.

- By 1/1/05, DoA shall commence the process of restructuring older adult services.
  - Long Term Care Reform plan developed 11/03.
  - Advisory committee convened in three months.
- Planning which adopts the principle of "money follows the person" and the identification of potential impediments
  - Effort underway with Governor's office and OMB.
    Potential ramifications for other agencies.

- Comprehensive Case Management to be conducted statewide.
  - Comprehensive care management under development by CCUs with AAAs. Being tested throughout state.
  - Investigating adoption of MDS-HC.
- Coordinated Point of Entry using a uniform name, identity, logo and toll-free number.
  - Aging and Disability Resource Center grant awarded. Winnebago and Macon Counties selected for prototypes.
  - AAAs propose common intake process.

- Public Website that links to available services and resources.
  - MMA funds awarded, which can be used for this and other purposes.
- Expansion of older adult services to help older adults remain in their own homes.
  - Emergency Home Response to be added as core Community Care Program service.
  - Enhanced Transition services available FY 05.

- Consumer-directed HCBS to maximize consumer choice.
  - Cash and Counseling grant awarded to Illinois for three year demonstration program.
  - Consumer Direction grant awarded and stakeholder group convened to identify ways of incorporating consumer direction in existing programs.
- Comprehensive delivery system which integrates acute and chronic care.
  - Solicited research on state approaches. Will work closely with DPA to expand comprehensive care options in Illinois.

- Family caregiver support strategies coordinating both public and private financing.
  - Department efforts currently funded under Older Americans Act.
- Workforce strategies which attract and retain a qualified worker pool.
  - Wage and rate increase under discussion for 1/1/04.

- Coordination of services to maximize resources and minimize duplication of services.
  - DoA reorganized to merge OAS and CCP functions.
  - Interagency efforts with DHS underway to avoid duplication of management information systems,
- Evaluation of current reimbursement and funding practices to implement a uniform, audited provider cost reporting system.
  - Discussions on payment mechanisms under way but awaiting deliberation by Advisory Committee.