Illinois Department on Aging Charles D. Johnson, Director



Older Adult Services Advisory Committee Services Work Group

Date: April 21, 2008

Attending: Carol Aronson (Co-Chair), Marianne Brennan, Eileen Brewer, Jan Cichowlas, Pat Stacy

Cohen, Frank Daigh, Joyce Gusewelle, Carol Lentz Headley, Julie Hess, Marsha Johnson, James Merrill, Phyllis Mitzen, Margaret Niederer, Tarry Plattner, Margaret Rudnik, Maria

Schmidt, Dave Vinkler (Co-Chair), and Debbie Weber.

Guests: Ancy Zacharia, Patrick McConnell (AARP intern), Cheryl Schraeder, and Cindy Fraser.

Discussion Summary:

• Introductions and approval of the February and March meeting minutes.

- The meeting started with a discussion on the hierarchy of needs
 - o Carol Aronson asked "Do we need a different approach?
 - o Need to restructure a community based on Long Term Care (LTC)
 - o Some needs can be met through LTC instead of nursing home
 - o Preventive issue: i.e. socialization
 - o James Merrill asked if "this based on available money? Carol's response: No it is not based on available money
 - o Frank Daigh was in strong agreement and stated that we need to look at ways we can expand areas of need, so far this has not been done
 - o Framework: Most important issues get priority funding with left over funding
 - o Marianne Brennan: Need to look at the system in larger context, rather than individually
 - Pat Cohen: We need to prioritize our spending
 - o Dave Vinkler: After prioritizing, the question is "How do we make meetings move forward?"
 - o Frank Daigh: We could possibly start by going off of Maslow's Hierarchy of needs
 - One of the members mentioned that we should look at other states and how they have been successful
 - o Dave Vinkler: We need to find where we are as a state
 - o Carol Aronson: Do we need to have a discussion on what is community based? (will be discussed at future meetings)
 - o Margaret Niederer: Programs in other states are working in different political environments
 - One of the members mentioned that is important to learn lessons from other states and Money Follows the Person, which can be a big push
 - Supportive Housing is important

- o Frank Daigh: Do we have a mission statement?
- o It was decided by the group that once benchmarks have been established, it will be easier to decided direction
- o Dave Vinkler: Can we postpone this discussion? Next meeting we will go over hierarchy of needs
- The meeting next went to discussion on care coordination
- Having this discussion is part of OASAC's purpose
- Marianne introduced panel on care coordination
- Carol talked about actual recent cases in Shawnee area
 - o Following every client assessment, case management, homemakers give update to physicians
 - o Social workers and discharge planners are contacted and met with
 - o Julie Hess: some hospital are not giving referrals because of confidentiality laws
 - In southern Illinois it is difficult because nurses move around on a frequent basis
 - Presentation on Medicare Coordinated Care Demonstration 2001-2008 by Cheryl Schraeder and Cindy Fraser
 - o Program Goals 1) improve care for patients w/ targeted chronic conditions 2) implement evidence-based guidelines 3) improve patients' self-management practices, while reducing healthcare utilization (Medicare Part A) 4) achieve Medicare "budget neutrality"
 - o Discussed MCCD eligibility criteria and enrollment numbers
 - Chronic Care Model Components: 1) health care organization 2) community resources and policies 3) delivery system design 4) self-management support 5) decision support 6) clinical information systems
 - o Health Care Organization is a integrated delivery system with a medical director advisory team and mechanism to fund team conferences and collaborative visits
 - The community resources & policies were discussed along with delivery system design and selfmanagement support
 - o Decision support and clinical information were discussed
 - Looked into initial outcomes of resources, physician impressions, strengths of the MCCD model, limitations of the MCCD model
 - Further analytical work was also discussed
- During lunch the video Mrs. Dorothy Peterson was shown, started by showing problems with coordination services
- After lunch Ancy Zacharia, gave a presentation entitled, Medical House Calls: Their Value to Patients, Families, and Society
 - The Mission for House Calls and reasons for the decline of house calls was discussed; it should be mentioned that technology is not a barriers nor is liability
 - o Reimbursement has been and continues to be the main barriers, but reimbursement has significantly increased
 - o Ancy presented as to why medical house calls are needed: 1) the need is great and increasing 2) better care for the homebound patients and caregiver, and 3) health care costs savings
 - o Ancy discussed the hazards of hospitalization of the elderly
 - o There was a short discussion that followed this presentation
- James Merrill asked about care for caregivers; Ancy discussed all of the different ways to care for caregivers

- House Calls have to depend on donations, 80% of visits are covered by Medicare
- Carol asked for ways that we can get more physicians involved in geriatrics
- The next presentation was on joint health and social services
 - The goals were discussed and how to reach these goals were discussed
 - o The goals were 1) permit individuals to function at their highest level of health and well-being given their: functional/medical/cognitive limitations; values and preferences 2) in whatever environment is most likely to make that possible within reasonable resource constraints
 - We discussed various problems and how to address these problems
 - Ended with discussing the next steps to take
- After an open discussion, Dave gave a brief budget update
- The Gov's budget is good, but the Speaker's budget will probably have cuts
- A legislative call sheet was passed around that encouraged people to contact their legislator to keep all funded programs in the budget
- HB 5703, HB 3508, and HB 4574 were discussed
- Meeting Adjourned

Next Steps:

• The February and March meeting minutes will be posted on the Department's website. The website address is **www.state.il.us/aging/1athome/oasa/wg-se.htm**.

Meeting Schedule:

This committee meets on the 3^{rd} Monday of the month from 10:30 am – 3:00 pm at the AARP office in Springfield. The next meeting is scheduled for May 19, 2008. Future meeting dates are:

- June 16, 2008
- July 21, 2008
- August 18, 2008
- September, 15, 2008
- October 20, 2008
- November 17, 2008