



Older Adult Services Advisory Committee Services Work Group

Date: November 17, 2008

Attending: Carol Aronson (Co-Chair), Jan Cichowlas, Pat Stacy Cohen, Jan Costello, Rebecca Finer, Donna Ginther, Carol Green, Joyce Gusewelle, Julie Hess, James Merrill, Phyllis Mitzen, Robin Morgan (Department Staff), Margaret Niederer, Amy Paschedag, Mary Patton, Sally Petrone, Susan Real, Dave Vinkler (Co-Chair), and Debbie Weber.

Guests: Sue Hughes (UIC) and Tom Prohaska (UIC).

Discussion Summary:

- Introductions and approval of the October meeting minutes.
- Status update on the white papers:
 - **The Medication Management** group met for the first time this morning and assignments were given out. They received a legislative history from AARP and had a discussion on working with parish nurses. They also discussed nursing home costs in Illinois. Costs in Illinois have increased 24-26% whereas nationally they have increased only 17%. The group's researched showed that 40% of seniors are living in their homes and need some sort of Medication Management. The group discussed using county health departments and EHRS technology units. The group will meet again Dec. 18 at 9:30 at AARP and again Jan. 12 at 9:30 at AARP.
 - **Coordination of Health and Social Services Update:** The group is off to a solid start however they need the entire workgroup to come together to continue working on this recommendation. The committee requested that the Department have someone come speak about Money Follows the Person (MFP) at the January meeting for the whole Services group. Then each group could have an individual MFP discussion if necessary. A more in-depth conversation on this workgroup was put on hold for this meeting.
 - **Nutrition:** This group had a meeting and started on a draft paper. They need to meet again to continue to finalizing the paper. Their research indicated that 18% of 60+ population has diabetes. A discussion on Mail a Meal programs such as Moms Meals or Seattle Sutton's are worth researching further.
- The members heard an update from Phyllis Mitzen, Rebecca Finer, Tom Prohaska and Sue Hughes on the DON study project that the Department is doing in conjunction with UIC and HMRPG. Phyllis presented a spreadsheet of best practices representing the other states that they contacted about their services. Tom and Sue discussed the findings from their analysis of the DON scores and the MMSE. A full DON study report will be available after the new year to present to the Services group.

Next Steps:

- Robin reminded the group that January is the month for re-enrollment in the OASAC workgroups that she will be emailing out enrollment forms. All members must complete a new enrollment form to continue participating on the committee. At this time any new interested people can enroll to participate in the workgroup as well.
- There will be no December meeting, and a reminder was given that starting January 2009 the Services group will be meeting every other month.
- The October meeting minutes will be posted on the Department's website. The website address is www.state.il.us/aging/1athome/oasa/wg-se.htm.

Meeting Schedule:

This committee meets on the third Monday of the month, 10:30 a.m. – 3:00 p.m., at the AARP office in Springfield. The next meeting is scheduled for January 26, 2009. Please note this is the 4th Monday of the month due to the state holiday on the normal meeting date. Future meeting dates are:

- NO February meeting
- March 16, 2009
- NO April meeting
- May 18, 2009