

Illinois Aging Together

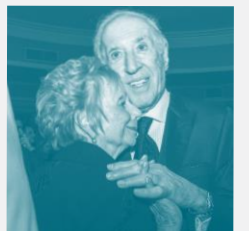
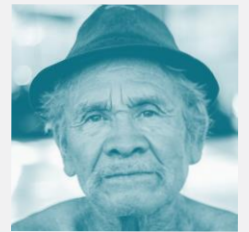
A STATEWIDE MOVEMENT FOR AGING EQUITY



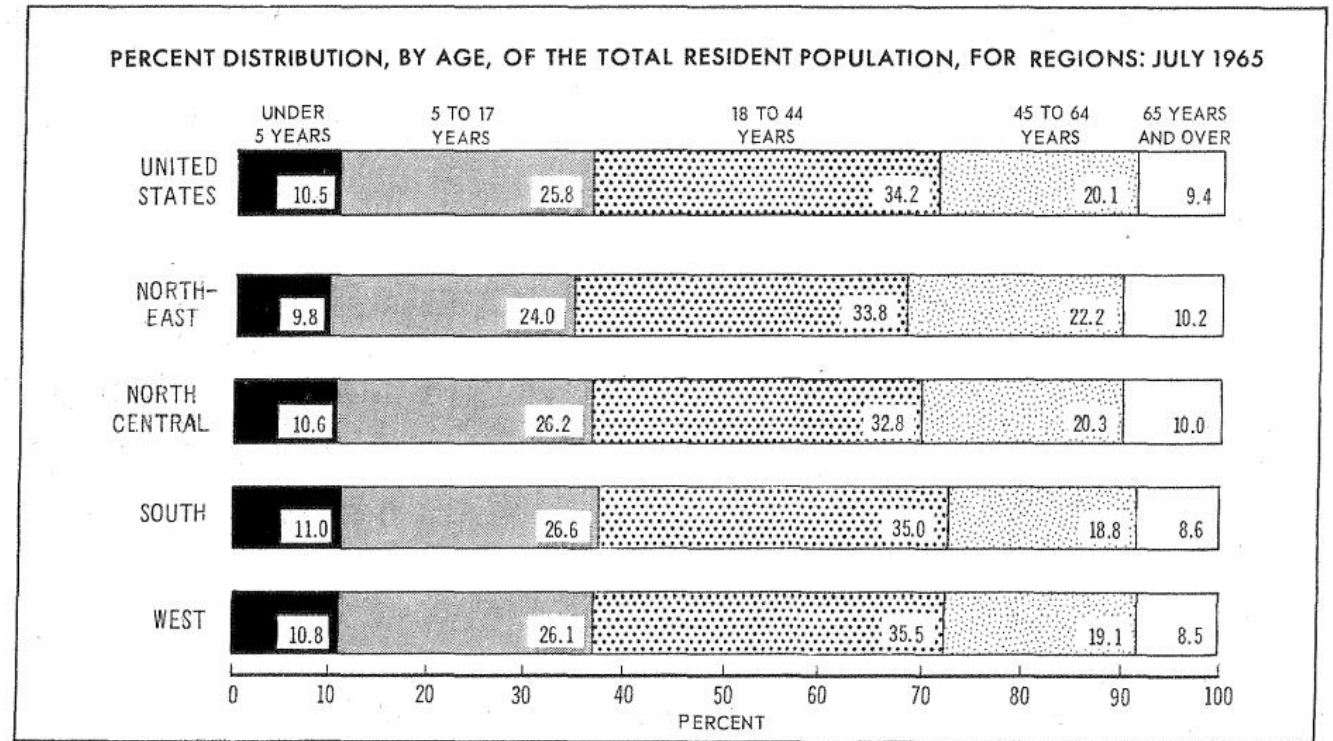
Illinois Aging Together

Illinois Aging Together is a campaign for a Strategic Action Plan for Aging that creates a long-term cross-sector vision for aging equity across the life course for Illinoisans through multi-disciplinary, multi-regional, and multi-cultural perspectives, input, and support.

Illinois Aging
Together



1965: Population by Age



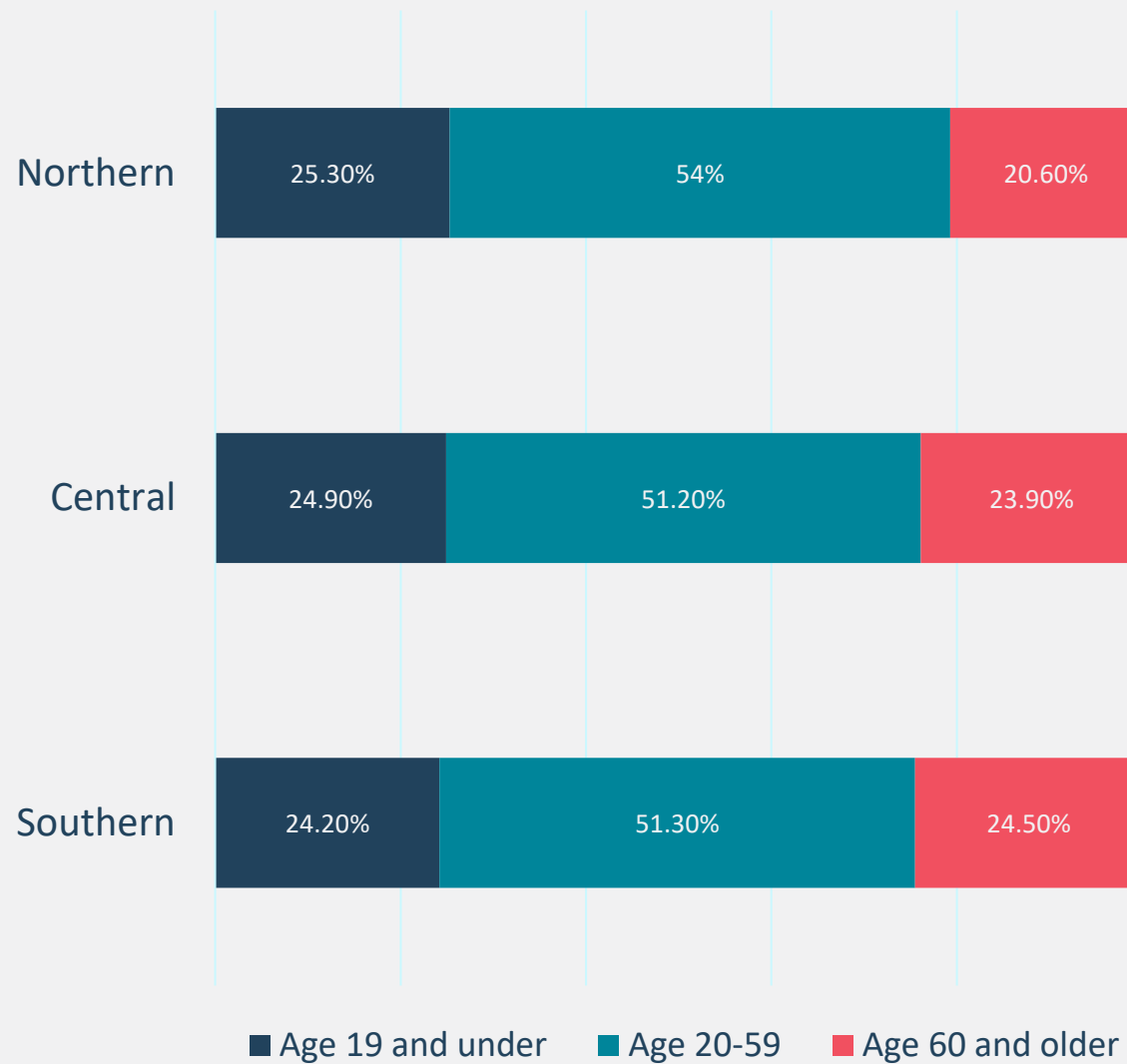
For sale by the Superintendent of Documents, U.S. Government Printing Office, Washington, D.C., 20402, 15 cents.
Annual subscription (Series P-20, P-23, P-25, P-27, P-28 summaries, P-60, and P-65, combined), \$4.00; foreign mailing, \$5.25.

<https://www2.census.gov/library/publications/1966/demographics/P25-354.pdf>

Illinois's Aging Population

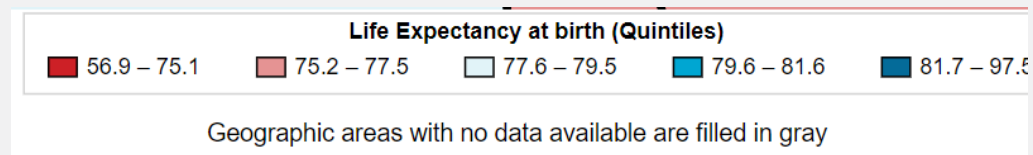
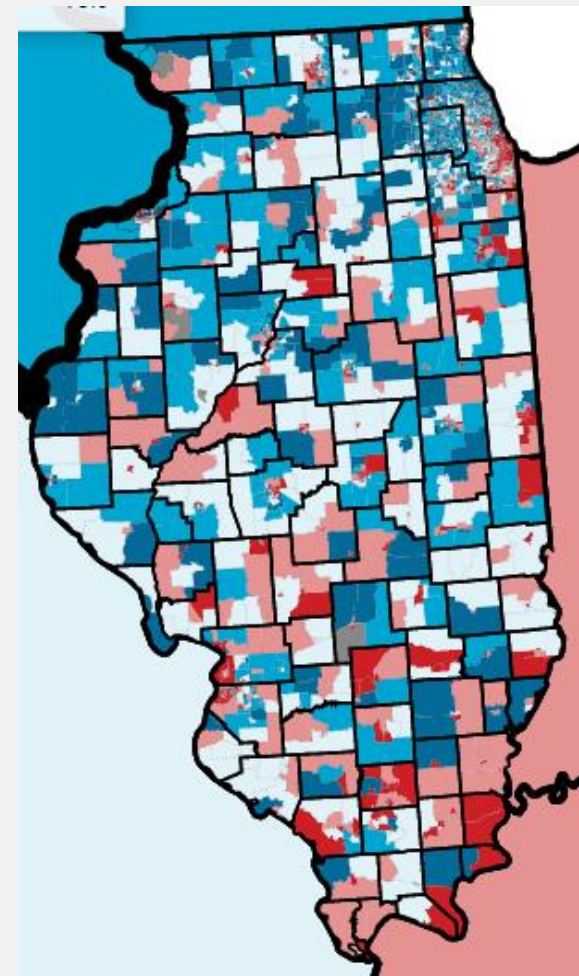
American Community Survey, 2019

Illinois Population Distribution by Age, 2019 ACS

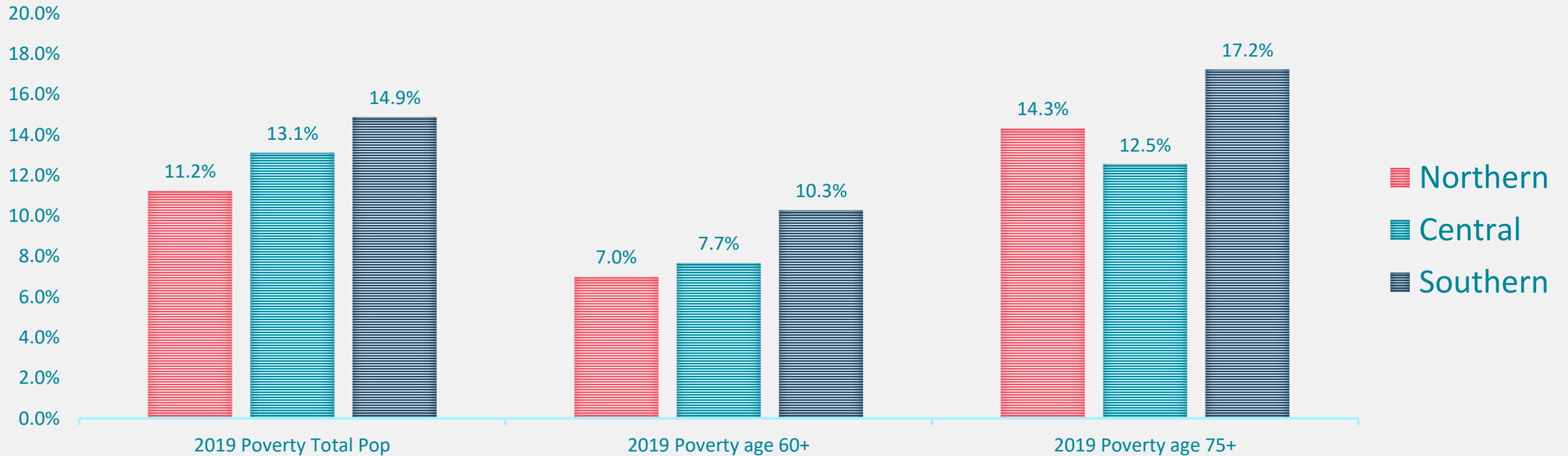


Vast Health Inequities with statewide gaps in life expectancy

21 Counties with life expectancy below age 70	Life Expectancy at Birth- Shortest	Life Expectancy at Birth- Longest	Life Expectancy at Birth- County-Wide Gap
Cook	59.9	90	30.1
Sangamon	64.4	86.1	21.7
Lawrence	65.1	78.4	13.3
Adams	66.2	85.3	19.1
Winnebago	66.5	86.5	20
Macon	67.6	87.5	19.9
Peoria	67.6	83.2	15.6
Kankakee	68	85.4	17.4
Jefferson	68	81.4	13.4
Fayette	68.3	87.8	19.5
McLean	68.4	87	18.6
St. Clair	68.5	85.1	16.6
Lake	68.5	83.1	14.6
Madison	68.5	82.7	14.2
Vermilion	68.6	83.5	14.9
Saline	68.9	78.9	10
Morgan	69.1	82	12.9
Jackson	69.2	81.4	12.2
Will	69.6	87.2	17.6
Williamson	69.8	81.9	12.1
Hamilton	69.9	87.1	17.2



% OF COMMUNITY MEMBERS IN POVERTY (AT 100% POVERTY, 2019)



Now Trending: *As Age Increases, Poverty Increases*

Population Changes

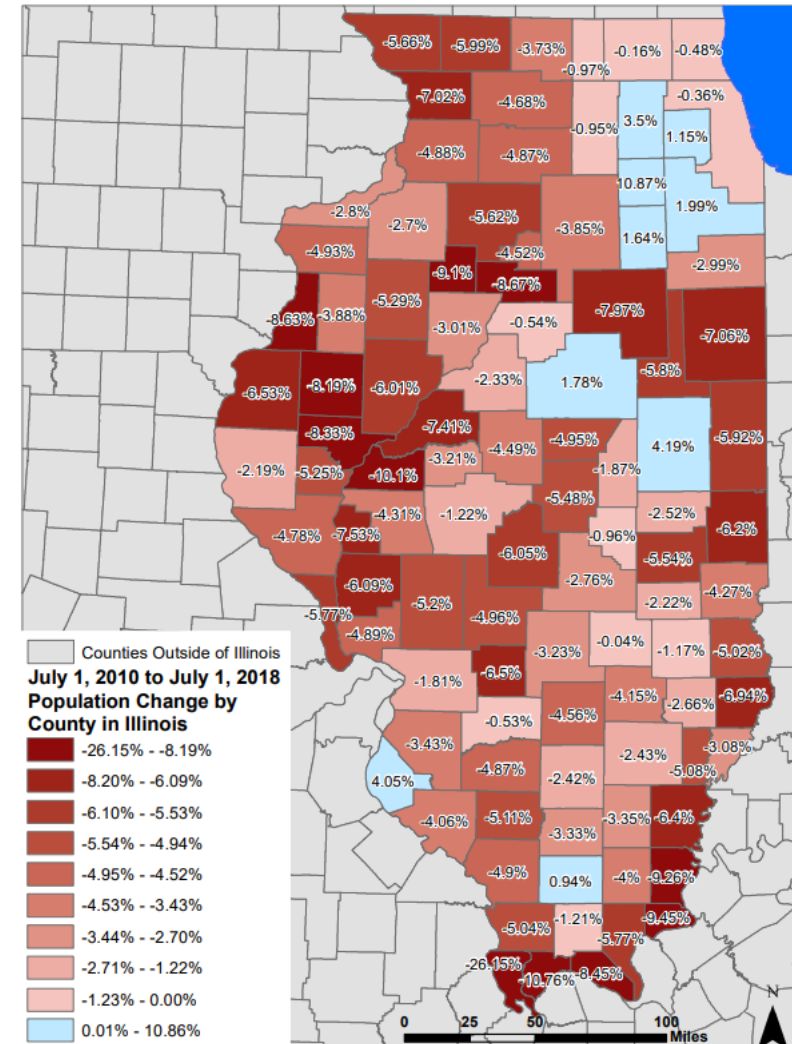
Generations of low birthrates

Decreased Immigrant population

Migration out of Illinois of people with means

Social and Health Inequities decreasing life expectancy

July 1, 2010 to July 1, 2018 Percent Population Change by County in Illinois



Great Cities Institute, University of Illinois at Chicago

Aging equity

Health equity

Social equity

Diversity & inclusion

Life-course perspective

Redressing structural inequity

Health equity is a process of assurance of the conditions for optimal health for all people

It requires at least 3 things:

- 1) valuing all individuals and populations equally
- 2) recognizing and rectifying historical injustices
- 3) providing resources according to need.

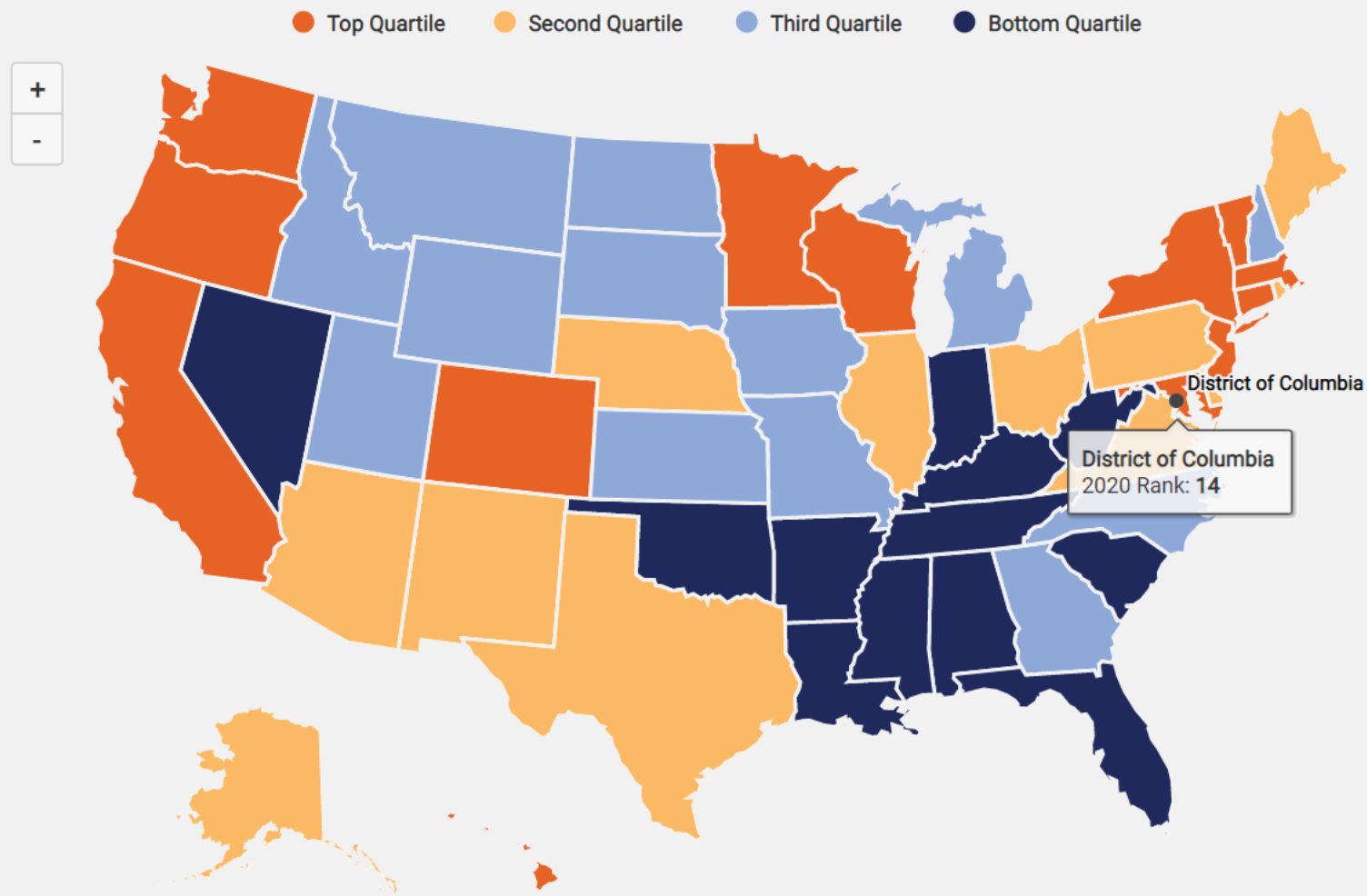
Health inequities will be eliminated when this process of health equity is achieved.

- Dr. Camara Phyllis Jones

Core Concepts of Equity: How are we doing?

How is Illinois doing with Long-Term Care?

Long-Term Services and Supports Scorecard



Illinois' overall ranking is No. 18

Illinois is ranked No. 40 for Quality of Life and Quality of Care

1. Affordability and Access
2. Choices of setting and Provider
3. Quality of Life and Quality of Care
4. Support of Family Caregivers
5. Effective Transitions

What is the Difference?

STATE PLAN FOR AGING

Required by the Administration for Community Living for federal funds every 3 years

Stakeholder input

Generally, report on existing approved and funded services

- Status of current plan progress
- Plans for improvement within the current domains
- Collaboration with Division of Health and Human Services

STRATEGIC ACTION PLAN FOR AGING

A blueprint that:

- a) includes planning for 10 or more years;
- b) is generally led by a governor with other executive and legislative leaders;
- c) is developed to guide restructuring of state and local policy, programs, and funding geared toward aging well in the community. (SCAN Foundation)

Other States with Strategic Action Plans for Aging

Through Executive Orders

Massachusetts (2017)

- Created *Governors Council to Address Aging in MA*
- Called for a plan to make MA the most Age-Friendly state for people of all ages
- Recommendations supported by research, data and stakeholder input

Texas (2005)

- Mandates that *Aging Texas Well* Advisory Committee updates plan every 10 years
- All public agencies and entities are required to cooperate fully with implementation
- Analysis of state policy and data to establish goals

California (2019)

- Formed an executive committee to develop a Master Plan for Aging to be a blueprint for state government, communities, private organizations and philanthropy to work toward an Age-Friendly CA
- Goals formed through research data, and stakeholder input

Through Legislation

Colorado (2015)

- Created *Strategic Action Planning Group on Aging*:
 - State departments
 - Counties
 - Providers
 - Advocates
- Goals are formed through data with clearly defined role of specific agencies and departments

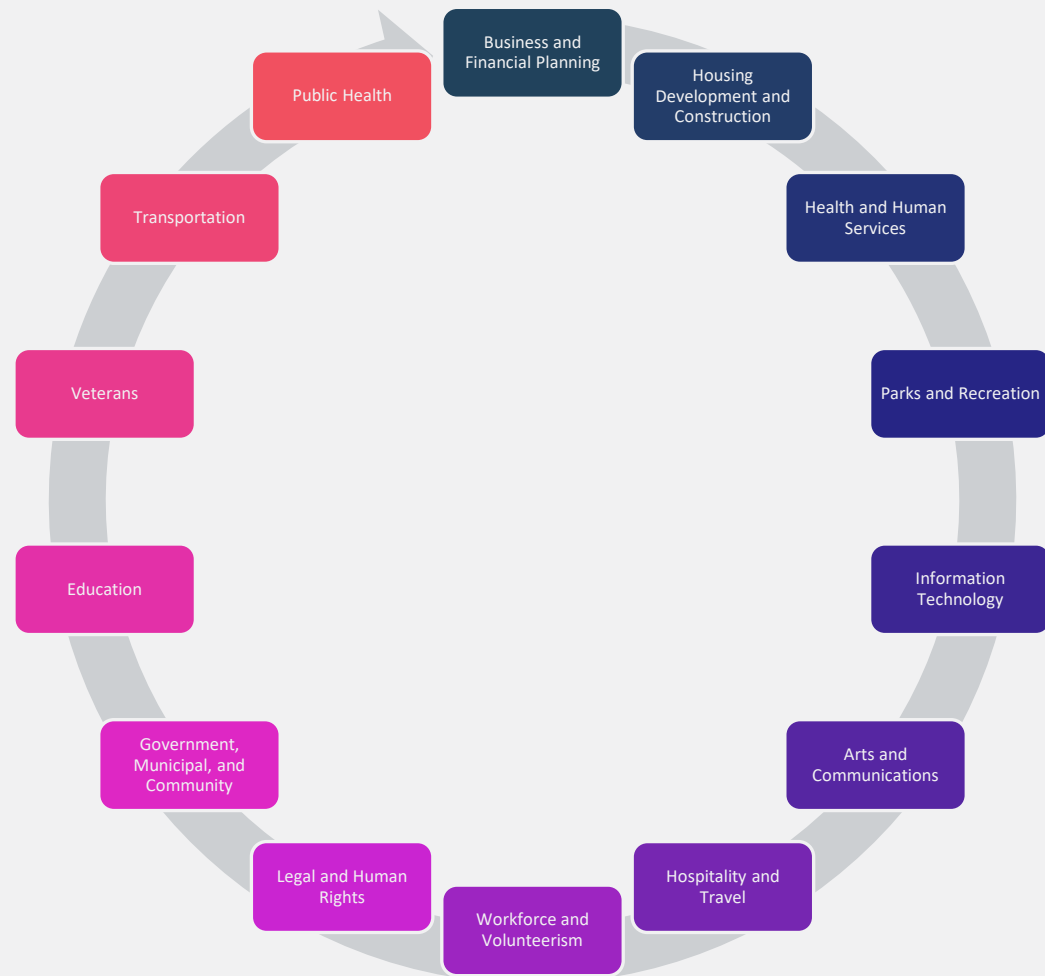
Through Collaboration

Minnesota (2010)

- *Transform 2010*: partnership for Department of Human Services, Minnesota Board on Aging, and Department of Health
- Plan continued as *Aging 2030* and *MN 2030*
- Goals formed through data and are reported on state departments websites that are responsible for goals

California's Master Plan for Aging Goals

1. Housing for all ages and stages
 - a. Target: Millions of new housing options to age well
 1. Strategies:
 - a. More housing options
 - b. Transportation beyond cars
 - c. Outdoor & community spaces for all ages
 - d. Emergency preparedness
 - e. Climate-friendly aging
 - b. Closing the digital divide
 - c. Opportunities to work
 - d. Opportunities to volunteer and engage across generations
 - e. Protection from Abuse, Neglect, and Exploitation
 - f. California Leadership in Aging
2. Health reimaged
 - a. Target: Close the Equity Gap in and increase life expectancy
 1. Strategies:
 - a. Bridging health care with home
 - b. Health care as we age
 - c. Lifelong healthy aging
 - d. Geriatric care expansion
 - e. Dementia in focus
 - f. Nursing home innovation
3. Inclusion & equity, not isolation
 - a. Target: Keep increasing life satisfaction as we age
 1. Strategies:
 - a. Inclusion and equity in aging
4. Caregiving that works
 - a. Target: One million high-quality caregiving jobs
 1. Strategies:
 - a. Family & friends caregiving support
 - b. Good caregiving jobs creation
 - c. Virtual care expansion
5. Affording aging
 - a. Target: Close the equity gap in and increase elder economic sufficiency
 1. Strategies:
 - a. End homelessness for older adult
 - b. Income security as we age
 - c. Protection from poverty and hunger



Cross-sector Approach

Illinois Aging Together: Building a People Powered Movement of Aging Equity

Supporters/Stakeholders

Participate in regional or statewide Roundtable Discussions

Be *Illinois Aging Together Advocates* by demonstrating and articulating the need for better resources for, and visibility about, aging

Sign-on as a supporter as an individual as well as an organization

Contribute to the **“Model and Story Library”** for the future planning committee

Continue to participate in future discussions and webinars about aging to help shape future policy

Engage with community leaders and local legislators about the need for a strategic plan for aging



Illinois Aging Together: Building A People Powered Movement for Aging Equity

Illinois Aging Together Policy Academy: *Illinois Aging Together Ambassadors*

- Policy and Advocacy Training for Illinoisans from teens to older persons with professional or personal interest in aging & advocacy, *CEU's available through UIC*
- **Learn about Policy**
 - Aging Policies
 - Illinois' Aging Network
 - Model States
 - Reframing Aging Movement
- **Learn how to be Advocate for Aging**
 - Overview of Advocacy in U.S.
 - Identifying Aging Issues
 - Exercises in Advocacy
- **Stay engaged as an *Illinois Aging Together Ambassador***
 - Continuing Education
 - Advocacy Action Days



Illinois Aging Together: Engaging the Legislative Branch

Engage Current Legislators, Appointees, and Future Candidates

Educate about the Illinois Aging population

Translate Aging Population to Tax-base through workforce and property

Demonstrate cross-sector connections that need to be made to better support aging now and, in the future

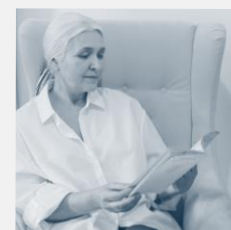
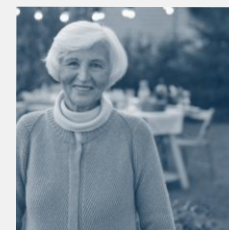
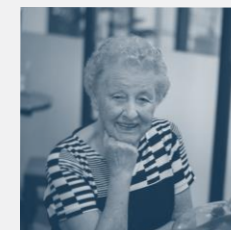
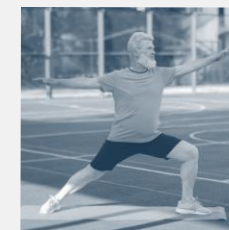
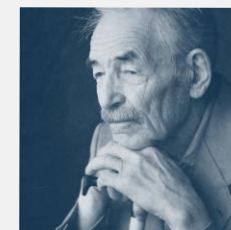
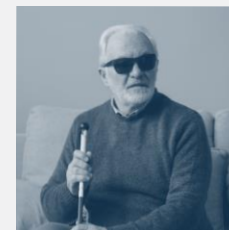
Seek commitments of support for a Strategic Action Plan for Aging

Champion and pass legislation supporting the appointment of a diverse and inclusive cross-sector planning commission who will be tasked with developing the Strategic Action Plan for Aging and monitoring outcomes.



Illinois Aging Together: Shifting the Narrative about Aging

- Social Media
 - #IllinoisAgingTogether
- Website
 - IllinoisAgingTogether.org
- Publications and Briefs
- Trainings and Technical Assistance
 - Gerontology 101
 - Shifting the narrative about aging
 - Equity and Aging
 - Aging Policy
 - Aging Advocacy
 - Data and Trends
 - And more!



How to Get Involved:

Sign-on in support of this campaign as an individual and/or organization: IllinoisAgingTogether.org

Learn more about Aging Policy and become an Ambassador: Attend an Illinois Aging Together Policy Academy

Invite us to talk with your community or your organization and stay engaged through Illinois Aging Together events.

Questions, Discussion & How to Get Involved:

For more information, please contact:
Sandy Pastore, Health and Aging Policy Organizer
spastore@hmprg.org

Brigitte Dietz, Health and Aging Policy Analyst
bdietz@hmprg.org

Wesley Epplin, Policy Director
wepplin@hmprg.org
at Health & Medicine Policy Research Group

Illinois Aging Together

A STATEWIDE MOVEMENT FOR AGING EQUITY



Health & Medicine

POLICY RESEARCH GROUP

HEALTH & MEDICINE CENTER FOR LONG-TERM CARE REFORM

CAMPAIGN DEVELOPMENT WITH SUPPORT FROM:

- RRF FOUNDATION FOR AGING
- CHICAGO COMMUNITY TRUST