

ILLINOIS COUNCIL ON AGING

**ONE NATURAL RESOURCES WAY – ROCK RIVER CONFERENCE ROOM
SPRINGFIELD, ILLINOIS**

**160 N. LASALLE ST., SUITE N-700
CHICAGO, ILLINOIS**

**TUESDAY, SEPTEMBER 18, 2018
10:00AM – 12:00PM**

MEMBERS PRESENT:

Jane Angelis, Charles A. Crowder, Margaret Huyck, Talat Khan, Robert O’Connor, Patricia Marton, Anna M. Oestreich, Christie Goleman, Susan Lawler, Mubarak A. Mirjat, Lee Moriarty

MEMBERS PRESENT VIA TELECONFERENCE:

J. Diane Adams-Alsberry, Steve Wolf, Anthany Frazier, Senator Mattie Hunter, Representative Mark Batinick, Representative Rita Mayfield, Christine Winger

MEMBERS ABSENT:

Phyllis Mitzen, Paulette M. Hamlin, Bernarda Wong, Representative Anna Moeller

VISITORS:

Beth Berendsen, Chicago Department of Family and Support Services
Allison Fields, Illinois Department of Public Health, Assisted Living

DEPARTMENT ON AGING STAFF PRESENT:

Jean Bohnhoff, Director
Jamie D. Ewing, Deputy Director
Carla Mills, Acting Manager – Div. of Community Relations & Outreach, Council Liaison
Rhonda Armstead, General Counsel
Jim McDonough, Chief of Staff
John Eckert, Planning Research and Development
Anna O’Connell – Manager, Div. of Finance & Administration
Amber Bolden, Administrative Assistant
Jennifer Stevens, Executive Assistant
Alex Burke, Legislative Liaison
Felicia S. Gray, Manager – Colbert Consent Decree
Portia Riley, Administrative Assistant

SUMMARY

Opening:

The meeting was called to order by Director Jean Bohnhoff at 10:10 a.m.

Roll call was taken by Steve Wolf and it was determined that a quorum was established.

Charles Crowder entered a Motion to open the meeting. Jane Angelis 2nd the Motion; all members voted aye, and the meeting commenced at 10:20 a.m.

Director Bohnhoff welcomed 3 new Members to the Illinois Council on Aging, Christie Goleman, Patricia Marton, and Susan Lawler. Director Bohnhoff has set a goal to confirm new Members for all geographical areas across the state before the next Council Meeting.

Christine Chevalier-Goleman, MSW, LCSW, is a Licensed Clinical Social Worker with Advanced Healthcare Services, a home healthcare agency in Springfield, Illinois. Her background includes assessing and evaluating the psychosocial status of patients, developing treatment plans, providing supportive counseling, linking patients with information and referral services to meet their needs, and collaborating with community agencies to provide holistic care for the patient/family/caregiver. She has served as a Licensed Clinical Social Worker for the homeless, at-risk, medically frail, mentally ill, and geriatric populations. Christie is involved with many professional organizations including Kings Daughter's Organization, Senior Services of Central Illinois, Living Hope Counseling Center, Illinois Women in Leadership and Memorial Medical Center's Patient Advisory Committee.

Susan Lawler, is a graduate of Loyola University of Chicago with a Bachelor of business Administration Degree (BBA); where she majored in Personnel Management. She has been a licensed Real Estate Agent for over 20 years and has a Managing Brokers license from the State of Illinois. After retiring as a Financial Aid Counselor and an American Reads and American Counts coordinator from the University of St. Francis in Joliet, Illinois; Ms. Lawler joined the Board of Directors for the Carroll County Senior Center and the Carroll County Transit. She held a seat on the CCSC/CCT Board for 6 1/2 years, first as their Vice Chairman and then as their Treasurer. She is presently the Executive Director for Lee County Council on Aging.

Patricia Marton, has been putting together intergenerational projects for over twenty years in nursing and retirement homes and schools and has lectured on them at conferences throughout the United States and Canada. They also became part of a post-doctoral program at the Harvard Graduate School of Education. She has Ph.D. in education from the University of Illinois, Champaign and B.A. in history from the University of Colorado, Boulder. She has a deep concern about the elderly and their situations, and advocates for increased awareness and legislative changes in areas that include the improvement of public transportation, the strengthening of community care programs, and the cultural acceptance of immigrants in our society. Her father's family came to Illinois from Germany in the mid nineteenth century and her Mother's family from Norway in the early twentieth century. She is particularly concerned about combating elder abuse, focusing on public and private institutions dealing with people of various ages, and establishing mandatory mental health testing programs for staff as a means of doing this. She is proud of a resolution formulated by members of our state legislature and herself last year against elder abuse that unanimously passed. She was vice president of the Public Safety Committee of Bloomington Comprehensive Plan and serves on the Bloomington Beautification Committee. She is also a member of the Elder Justice Coalition.

Approval of Joint ICoA/OASAC Minutes:

Christie Goleman entered a Motion to approve the May 21, 2018 minutes of the Joint ICoA/OASAC meeting. Patricia Marton 2nd the Motion. All Members voted Aye, and the joint minutes were approved as presented. Council Members believe additional meetings with OASAC would be a great opportunity for both Councils. Council Members would also like to see the Governor's Conference on Aging return to the Chicagoland area, and would like to add this topic to the agenda for a future meeting. Director Bohnhoff informed the Council that there is a joint conference with APS and the Ombudsman scheduled this week in Itasca, IL. There will be over 200 people in attendance, and the Department has hosted several joint meetings over the last year that had a large turn-out. The Department can't guarantee that there will be a Governor's Conference on Aging in the downtown Chicagoland area, but we are working on other joint meeting across the State. The Governor's Office will determine if the conference will be revived in the future.

Public Comment

None

OLD BUSINESS

Nominating Committee Update

There were some questions after passing our new by-laws. Some of the questions needed to be cleared up before we could formulate a slate of officers, so we would not be in violation of the by-laws. It was determined that Phyllis Mitzen and Steve Wolf are both eligible to serve another term. One of the more sensitive aspects of the Nominating Committee is trying to alternate the geographical representation amongst the slate of officers. The Nominating Committee will be addressing this issue. The slate of offices is to be presented 15 days prior to the Annual Council meeting in March of 2019 so we have ample time to develop the slate.

It was announced that Jane Angelis, Lee Moriarty, and Anna M. Oestreich are members of the Nominating Committee. The Council eliminated the position of 2nd Vice Chairperson in the new by-laws, and Diane Adams-Alsberry is now listed as Vice Chairperson. This could pose a potential conflict with both our Chair, and Vice Chairperson coming from Northern Illinois. It was originally thought that the Chairperson would be appointing someone to a vacant position, but the position isn't vacant on our listing. The Council needs to clear-up this issue before the slate of officers can be presented in March 2019. Legal Counsel Rhonda Armstead informed the Council that the Chairperson has the authority to make appointments to any vacant positions. The Council needs to verify whether Phyllis Mitzen has appointed Diane Adams-Alsberry as the Vice Chairperson, or if Diane was moved into that position on an acting basis. Rhonda Armstead will have a conversation with Phyllis Mitzen before the next Council Meeting.

The 4 Council positions are not appointed within the same year. The by-laws dictate that the Chairman and Secretary are elected in 1 year, and the Vice Chairperson and the Nominating Committee Chair elected in an alternate year.

Colbert Consent Decree Update

The Colbert v. Rauner Lawsuit filed in 2007, alleged that individuals with disabilities in Cook County were unnecessarily segregated and institutionalized in nursing facilities; forced to live with numerous other people with disabilities; denied the opportunity to live in appropriate integrated settings. The Colbert Consent Decree filed in 2011 inform Class Members as to their eligibility for community-based services and their choice of services; provide comprehensive evaluations to determine Class Member eligibility for Community-based services in Cook County; provide, as appropriate, Class Members with housing, services and supports in a Community-based setting; evaluate cost of maintaining individuals in the community verses the Nursing Home.

- YTD Total Transitions stand at approximately 2,000
- Fiscal year 17, Colbert transitioned 428 Class members from NH to the Community
- Currently 18,000 people are residing in homes through the Colbert program
- Small Parties Meeting was held last week with Court Monitor to comply with consent decree, after the Court Monitor submitted her recommendations
- Large Parties Meetings scheduled for next week with State agencies, Plaintiff's Council, and the Court Monitor to go over progress that all agreed to work towards
- The Colbert Team worked with the University of Illinois, Chicago College of Nursing to develop an intense training program for all Colbert providers from outreach to push transition; providers are being trained on how to engage Class Members in the nursing homes; how to plan for services once individuals transition
- Colbert has planned a meeting with the CCU's to strengthen the Departments relationship with the CCU's to ensure that services provisions are offered to potential Class Members as soon as possible to help get them re-integrated into the community
- The Colbert Team would like to acknowledge and welcome Alex Burke to the Colbert Division

Home and Community Services Update

- HCL is scheduled at the Department for 2-days
- APS Conference scheduled up North, regrading APAC
- There are several new initiatives in APS including the APS Registry that went live on Oct. 1st; self-neglect; new IT System entitled: APSCMS (APS Case Management)
- September 18-20 the Department will be discussing training and answering question as they relate to those updates, as of July 1, 2018
- The Department continues to monitor the Community Care Program; very involved with Critical Event Reporting to monitor for the safety and welfare of participants; opening the lines of communication between Service Providers, ADS Providers, EHR Providers, Care Coordination Units, and the Department to address needs and mediate any risk factor for participants
- A schedule has been set to monitor all Providers; the Department is 6 months ahead of schedule; new Providers that go through the Departments' certification process will get a visit from the Department to address issues upfront and clear-up those issues prior to the full review
- The Department is in the process of training Care Coordination Units (CCU's), as well as the new CCU's in Chicago, which means more Care Coordinators' with boots on the ground who can assess participants in a timely manner; with the addition of the DON

Score mandatory training, we are seeing consistency across the State

Senior Health Insurance Program Update

- Medicare Open Enrollment begins Oct. 15
- Medicare plan marketing for 2019 health and drug plans begins Oct. 1st
- The Medicare.gov plan finder goes live with 2019 plan information Oct. 1st
- Medicare and You 2019 Handbooks will be mailed to individual beneficiaries' homes soon; Individuals must have Medicaid or be eligible to receive Medicaid
- Premiums nationwide are down in price; average premium \$32.50, down from \$33.50
- Every beneficiary who is currently on a plan now receive a notice of coverage called "Annual Notice of Change (ANOC)"; people must read the ANOC carefully to look for any important differences between this year and next year
- This is the time of year when people can make changes to their plan structures including what drugs they cover, what pharmacies they work with, the co-payment amounts, and premiums offered
- All ANOCs must be sent to the beneficiaries by the end of September 2018 to help claimants better prepared to make enrollment decisions for 2019 when Open enrollment begins on Oct. 15, 2018
- SHIP has scheduled training for all counselors in five separate conferences starting Sept. 20, 2018; Department officials will ready the workforce to help beneficiaries with this important annual decision

Please direct questions about the SHIP Program to Sandy Leith at Aging.ship@Illinois.gov

Budget Update

The Department has crossed over into Fiscal year 19; continuing to pay off old bills; new bills are arriving every day and the Department is paying those as they come in.

Legislative Update

Alex Burke provided Council Members with a 4-page Legislative update. Council Members were asked to go over the report carefully. The first 2 pages are Department initiatives that were successfully passed and are now State Laws. The first 5 House bills are Department on Aging initiatives. The 6th is a Senate Bill that we were able to include our proposal in the Budget Implementation codes. The Departments' initiatives were unanimously supported by all Members of the General Assembly. Several of the initiatives that came from the Department were also supported by Council Members. The Department is beginning to establish what the initiatives will be next year. If Council Members have suggestion, please forward them to John Eckert at John.Eckert@Illinois.gov

If Council Members have initiatives or issues that come up during Council Meetings and would like to discuss them with Legislators, Council Members are encouraged to get the necessary background information from the Department prior to reaching out to our Legislators.

NEW BUSINESS

History and Overview of the Illinois Council on Aging

The purpose of the Illinois Council on Aging is to act as an advisory body working in cooperation with the Illinois Department on Aging to provide a comprehensive and coordinated service system for Illinois' aging population. The Council is involved in promoting the well-being of older adults through-out the State. The Council has 23 Citizen Members appointed by the Governor, 8 Legislative Members appointment by the General Assembly, and 31 Voting Members. Council Members make recommendations to the Department on Aging, the Governor, and General Assembly regarding programs and services for older Illinoisans. A list of Council Members has been provided to the Council. The by-laws have also been distributed to Council Members. Council Members should review the by-laws carefully and become acquainted with how the Council functions.

In the 80's-90's, without regards to budget/communications, the Council met in-person 3-4 times a year, and it was usually a 2-day meeting. The 1st day of the meeting would be conducted in committees and reporting to the entire Council would commence on the 2nd day. When budget constraints were introduced, the Council meetings were reduced to a 1-day meeting schedule. With advancements in communications, the Council was able to meet by video and conference calls on a regular basis throughout the year. The Council had to decide if, as the advisory group to the Department and the Governor, should they take what was presented as to issues, challenges, policies and work with those, or should they be in the position of generating programs/work to be done.

Moving forward the Council must determine "what is our best function" and "what part do we play in the Aging Network". The Council continues to face challenges in utilizing its' Membership base. The Council has a tremendous group of people from varied experiences who are very involved in their communities, and within the Aging Network. Council Members can draw upon their wealth of information and experiences to help perpetuate the important work the Department is doing in conjunction with the Governor's Office.

The Senior Illinois Hall of Fame Award is also an important duty for the Council. The Senior Illinoisans Hall of Fame was initiated by the General Assembly in 1994 to commemorate the achievements and contributions of citizens age 65 or older. Inductees are selected through a statewide nomination and judging process. The program targets candidates in the areas of community service, education, the work force and graphic/performance arts. Awards are presented annually in each of the categories of community service, education, the performance and graphic arts, and the labor force to outstanding Illinois senior citizens and minority senior citizens in recognition of their individual contributions to either community service, education, the performance and graphic arts, or the labor force. For the past 3-years, the Department has gone out locally to present the awards in the community of the recipients. The Department works closely with the individuals who have nominated someone, and together a reception is set-up for the nominated individual, in the community they serve. The Department presented a Senior Hall of Fame awards to Gene Verdu in Edwardsville last week. Mr. Verdu was on the Council for many years. There were 100 people in attendance, including the family and friends of Gene Verdu. On September 11th, the Department also presented the Senior Hall of Fame Award at the Chinese American Service League in Chicago. Chicago resident Wai Yu Kuan

received the award for her dedication to physical fitness. Affectionately known as ‘Master Kuan’ by her students and admirers in the Asian community, she has made extensive contributions through her teachings and guidance of the Chinese martial art, Tai Chi. Often described as meditation in motion, Master Kuan has voluntarily taught nearly a thousand students of all ages and ethnicities in maintaining their strength, flexibility, balance and internal core. Her dedication and reputation to the art for nearly 37 years has allowed her to conduct classes for seniors at the Chinese American Service League and the Chicago Park District. Kuan is an advocate of the Chinese culture and performs regularly at large public events to raise awareness of the importance of having a regular fitness regimen at any stage in life. Director Bohnhoff encouraged Council Members to attend Senior Hall of Fame Awards events Whenever possible.

Presentation on Assisted Living – Allison Fields

Allison Fields is a new Supervisor to the Assisted Living section at IDPH. She also serves as a Public Service Administrator, and a Nurse. Ms. Fields worked in the Long-term care industry for the last 11 years, and recently transferred to Assisted Living. Ms. Fields provided an update to the Council, regarding Assisted Living Facilities within Illinois.

Acuity and Longevity of stay is increasing because people are living longer. Assessments for admittance into Assisted Living Facilities are done very carefully to ensure proper care. Hospice Services are a potential road-block to admittance into Assisted Living facility. A person can’t be admitted to an Assisted Living Facility while on Hospice Care. If an individual is admitted to an Assisted Living Facility and they’re put on Hospice Care while in the facility, then the individual can maintain residency, if the facility can continue to meet the needs of the individual. From the beginning of the assessment process, the Assisted Living Facility should be working very closely with the resident and their family to keep everyone informed about the progress and outcome of the assessment. If an individual needs total assistance with 2 or more ADL’s, the person is bordering on exceeding residency requirements. If a person exceeds residency requirements, the Assisted Living Facility would follow proper protocols to start the discharge process. The resident would be discharged to another facility with a higher level of care. Some Assisted Living Facilities are associated with other facilities that are licensed and provide a higher level of care. As the resident needs additional care, their fees increase so there’s a structure allowing residents to transition to a facility with a higher level of care.

- IDPH regulates Assisted Living under Title **77** of the IL Administrative Code, Part 295
- Assisted Living Facilities are private pay, insurance does not pay
- The minimum monthly cost would be \$3,200 and can go as high as \$9,000 monthly
- There are currently 480 Assisted Living Facilities within the State; 15 on the pending list; 500 anticipated by the end of 2018; Total Units 23,153
- As of January 2018, there were approximately 118 Free-standing Memory Care sites licensed under the Assisted Living Insured Housing Act, and 144 Memory Care sites that were assigned to a wing of the Assisted Living licensed establishment
- Each Unit can be occupied by 2 consenting residents, which helps cut cost

- Proper Assessments are necessary for Admittance to ensure facility can meet needs of the resident; a Coordinated Service Plan is developed to ensure needs are met; the resident and POA are included in all aspects of the assessment process
- Staffing levels for the IDPH Assisted Living Program are growing; recently hired a Public Service Administrator; 2 Health Facilities Surveillance Nurses; 1 Clerical
- Reporting structure would be Lynda Kovarik; Allison Fields; Nurses; Clerical staff
- Assistive Living Facilities receive a 2-year license; they have their own licensing requirements and are not allowed to operate under the extension of another facility
- Assistant Living facilities receive an Annual Survey; if the facility has numerous issues, they would receive a 6-month license, and 6-month revisits until it has been determined that the issues have been resolved
- There is no staffing ratio in the regulations for this program, but facilities are required to meet the scheduled and unscheduled needs of the resident always

Presentation on Assisted Living/Supportive Living – Wayne Smallwood

Wayne Smallwood is the Executive Director of the Affordable Assisted Living Coalition, which is a trade association representing the supportive living program in Illinois. Mr. Smallwood previously worked for the Illinois Department of Healthcare and Family Services for 32 years and retired from that position in 2004. Mr. Smallwood also worked for the State under contract in 2005. He started the position, as Executive Director with the Affordable Assisted Living Coalition in 2006.

There is a blurry line between Independent Living, Assistant Living, and Supportive Living. Much of Independent Living, which isn't under any kind of licensure, looks like Assisted Living, or Supportive Living, because of the services that are rendered by Home Health agencies in Independent Living, so there is some confusion about the 3 programs. Hopefully this presentation will clear-up some of the confusion. Many of the Supportive Living facilities do have a waiting list, but the numbers aren't available currently.

For additional information, please contact Wayne Smallwood, Executive Director, Affordable Assisted Living Coalition, Email: wsmallwood@aonline.org

Supportive Living

- Supportive Living is a type of Assisted living unique to Illinois; created in 1999 as an alternative to institutional settings; Supportive Living regulations operate under 89 IL Administrative Code part 146, which is separate from Assisted Living
- Supportive Living Program (SLP) can accommodate any income level; 60% of all residents are Medicaid; 40% are private pay residents and the 40% spend down to Government Assistance within 1-2 years of entering a Supportive Living facility
- Average length of stay is 27 months; saves the State approximately 150 ML per year
- 25-30% of buildings are developed by not-for-profit organization; currently there is no distinction between not-for-profit and for-profit organizations
- Illinois operates its' model of Affordable Assisted Living, under a Medicaid waiver entitled Home and Community based Services waiver, it is the largest Medicaid waiver for Assisted Living (AL) in the US; serving 12,400 individuals per year on Medicaid

- Supportive Living Program (SLP) has 154 sites in 73 counties and 12,600 apartments. Out of the 12,600 units, 1000 units are set-aside for disability residents
- General occupancy rates are approximately 90% at any facility that has been open a year or more; turn-over rate is at approximately 50% so the Supportive Living Program (SLP) facilities are continually in the process of filling vacant units
- Supportive Living sites are broken down into 2 categories; those serving geriatric individuals 65 and older, and 11 sites serving individuals 22-64, with physical disabilities
- There are 5 Dementia Care sites in the SLP from a 2011-2014 pilot demonstration. They are in Effingham; North Aurora; South Elgin; Rantoul; Chicago
- Dementia Care expansion is underway, under oversight of court order; currently there's a moratorium on new developments until the court order is settled; 53 Dementia Care site applications are pending; the Department is in the process of scheduling interviews with the 53 applicants starting in October 2018; after interviews the Department will announce the approved applicants who will be going into the 5 demo sites across Illinois

Comparison of Supportive Living Program (SLP) and Assisted Living (AL)

- SLP sites are “certified” and regulated by Healthcare and Family Services, as opposed to licensed non-Medicaid sites under the Assisted Living and Shared Housing Act that are regulated by Department of Public Health
- Medicaid and non-Medicaid residents live in the SLP; approximately 60% Medicaid and 40% private pay at any point in time; no Medicaid in licensed AL
- When private pay residents’ spenddown in the SLP they go on Medicaid and stay in the SLP. When residents in licensed AL spenddown, they must leave
- No physician certification required for admittance to SLP, as opposed to licensed AL; no formal resident discharge criteria in the SLP, as opposed to licensed AL
- SLP operators help residents relocate when resident wishes, or the SLP operator can no longer meet their needs; both programs operate person centered care; both programs require an on-going assessment and service plan
- Common important services that keep people out of hospitals and nursing homes include medication administration and nutritional support
- There are two types of Assisted Living programs, (SLP and licensed AL) in Illinois; SLP started in 1999 and licensed AL began in 2001; also having one model with Medicaid helps the state control the growth of Medicaid within IL
- Independent Living establishments are not licensed or certified, but they look much like an SLP and regular AL due to home health that is rendered to residents onsite and paid for by Medicare

Closing Remarks

J. Diane Alsberry announced the AgeOptions Annual Fundraiser scheduled for October 11, 2018. The event will take place from 5:00pm at the Hyatt Regency Chicago, located at 151 East Wacker Drive. Council Members can obtain tickets from AgeOptions. President and Chief Executive Officer, John Lavin will be retiring October 31, 2018 so this will be his last

major event. Over the years, John Lavin has been a powerful advocate for Aging in the State of Illinois. Council Members are encouraged to attend.

Motion to Adjourn:

John Eckert announced that Charles Crowder moved to adjourn the meeting, Mubarak A. Mirjat 2nd the motion, and the meeting was adjourned at 12:00pm.

s/Steve Wolf

Steve Wolf, Secretary
Illinois Council on Aging