

Long-Term Care Council Meeting Minutes
February 4, 2025
10:00am – 11:45am

Meeting was held virtually through WebEx.

Voting Members in Attendance:

Acting Director Mary Killough
Ashley Snavelly
Kim Stoerger
Lori Hendren
Marsha Johnson
Bruce Carmona
Karin Zosel
Scott Mitchell
Mary Matthews
Stacey Aschemann

Acting Director Mary Killough called meeting to order at 10:03am.

Kelly Richards (Illinois State Ombudsman office) called the roll call – We have quorum of 8 members present.

Mary Killough requested to have everyone on the call introduce themselves.

Kelsey Lock – Supportive Living Program
Brain Pastor – Advocacy and Prevention Services
David Olsen - Alzheimer's association
Erin Rife - IDPH
John Worsham – Regional ombudsman - PSA 04
Ariel Hampton – Associate General Counsel for the IDoA
Aaron Runyon Regional Ombudsman PSA 06
Aly Irish - Reginal ombudsman - PSA03
Ashely Snavelly – Reginal ombudsman - PSA10
Bernard Cobbins Jr. – Reginal ombudsman - PSA12
Elaina Finnie – Reginal ombudsman - PSA11
Julie Schuppner – Reginal ombudsman – PSA01
Mary Mathew – new member of long-term care council
Sharon Mclemen - Reginal ombudsman – PSA02 (Catholic Charities, Diocese of Joliet)
Trish Niewoehner - Reginal ombudsman – PSA02 (Dupage County)
Megan Jizmagian - Reginal ombudsman – PSA07
Lisa Light - Reginal ombudsman – PSA09
Stephen Maxwell – IL Long Care Ombudsman office – Ombudsman Training Coordinator
Jessica Belsly – IL Long-Term Care Ombudsman office - Ombudsman Specialist
Lee Moriarty - IL Deputy State Long-Term Care Ombudsman & Acting IL Deputy Home Care Ombudsman
Farrah Borders- IL Long term care office - Administrative Assistant II
Stacy Aschemann – board member
Molly Chapman – Assistant Bureau Chief, Division of Rehabilitation Services

Old Business

- A. Review of previous meeting minutes from 6.4.204 and 10.1.2024 – minutes was approved for the 6.4.2024 meeting**, motion made by Marsha Johnson and second made by Karin Zosel. Minutes was approved from the 10.1.2024 meeting, motion made by Marsha Johnson and second by Mary Matthews.
- B. Discuss priority goals- Kelly Richards**
 - 1. CNA Training – Today's guest speaker -Joyce Steber will discuss CNA requirements and training that CNA receives.

New Business

- A. CNA Requirements** - Joyce Steber - CNA Educator for IL — Joyce Steber – she provided information regarding CNA requirements. Joyce provides CNA training on how to educate their patients, because in school they were not taught this. Joyce Steber is from southern Illinois and she goes around the state teaching. Outlining the goals of a CNA training. Joyce will provide an outline of her presentation.
 - Bruce Carmona suggested that CNA's should received empathy training more than every 2 years. He feels that it should be more frequent. Joyce stated that it would be hard for the CNAs to have training every year, but Joyce suggested maybe a shoutout or messaging every month on empathy would be helpful.
- B. Person Centered Care in LTC**
 - **Learning Collaborative – Lee Moriarty Deputy SLTCO** – Artifacts of Culture Change training 2.0 was provided last year without the state. This tool was provided by the Illinois Pioneer Coalition. During the training, long term care facilities were asked to be a part of a collaborative for six months. The collaborative started off with six nursing facilities and was down to one nursing facility at the end of six months. It was due to change in leadership and other facility changes. Oak Hill nursing facility focused on sleep times, which they completed the sixth month collaborative. Their initiative was "liberalizing their medicine pass". They started passing out the medicine in the morning, afternoon, and evening; instead of passing out the medicine, once a day at 8am every morning. They worked with the pharmacy and their staffing to make these changes. Oak Hill nursing home felt that, with the help of the collaborative, the nursing home's staffing started seeing the residents as an individual person, instead of seeing the residents as "sick people". The Oak Hill nursing home will be attending the next meeting to tell their story, and how the collaborative has help changes within their facilities.
 - **Nursing Home Culture Change Journey – Tammy Moll & Mindi Hanna-** unable to attend today and will be rescheduled.
 - **AARP Update – Lori Hendren** – She provided AARP flier for Illinois family Caregivers Need Support. Documents will be provided to everyone by email after the call. AARP has the portal that provides information on Medicaid and Medicare upgrades in their area. They are working on bills against fraud - crypto currency scams and the driver license age changes.

Agency Updates

- a. Erin Rife (IDPH):**
 - i. updating the phone software for the IDPH hotline. She will be providing more information.

- ii. They are in the process of creating new Advisory boards with ICF/DD and Long-term council boards.
- b. **Kelsey Lock (Support Living Program):** no updates
- c. **Molly Chapman (Assistant Bureau Chief, Division of Rehabilitation Services):** no updates
- d. **Kelly Richards, Illinois State Ombudsman Updates:**
 - **Virtual winter summit to local Ombudsmen – February 20th, 27th, and March 6th from 1-2:45pm.** Tina Lorenzo and Tony Chicotel will be their speakers. More information to come.
 - **Every 2nd and 4th week of the month, the Residential Family Support Council meets via zoom.** Starting in January 2025, every 4th Tuesday meeting will be focus on residences throughout the state. The residences will be able to provide their experiences, living within the long-term care facilities. The Artifacts of Culture change tool will be used by asking the residences questions for improvements.
 - **Current Legislative bills for Spring 2025 -**
 - **SB1299/HB1597** – strengthens resident protections when a nursing home tries to kick them out.
 - **SB0084/HB1287** – Requires AEDs to be available in nursing homes and other long-term care settings.
 - **SB1263/HB1587** - Outdoor access bill - Specifies a resident's right to outdoor access unless the resident's physician documents it would put the resident or others in danger.
 - **SB02025** – increase for personal allowance.
- e. **Ali Johnson, DHS Chief State Olmstead office Updates:**
 - i. Williams and Colbert decree - Illinois had 600 Colbert class members and 425 William class members program was sent out to live within the communities.
 - ii. HFS - the new outreach assessment program - January 1st – going very well.

Acting Director Mary Killough comments:

- a. Would like to make sure that we have enough board members to attend each meeting, so we can have quorum and to ensure that we can take care of business during these calls.
- b. She is currently working on the multi-sector plan – executive order that was issued last year by the Governor's office. An Interagency task force is pushing this initiative forward.
- c. She will move forward the direction for planning. She needs board members to join a few of her boards. Kelly will be sending out a separate email pertaining to joining an executive community.

Kelly Richards - remained member boards that they are required to complete their mandatory trainings for the State of Illinois each year and Farrah Borders (her assistant) will be sending out emails with this information throughout the year to remind them.

Stacy Aschemann motion to adjourn the meeting at 11:45am and Marcia Johnson second the motion.

Kelly Richards adjourned the meeting at 11:45am and stated next meeting will be on June 3, 2025.

