



Planning | Developing | Coordinating | Advocating

AMERICAN RESCUE PLAN
ACT FUNDING
ILLINOIS AREA AGENCY ON
AGING NETWORK
FY 2022 – FY 2024

ILLINOIS AREA AGENCY ON AGING DIRECTORS

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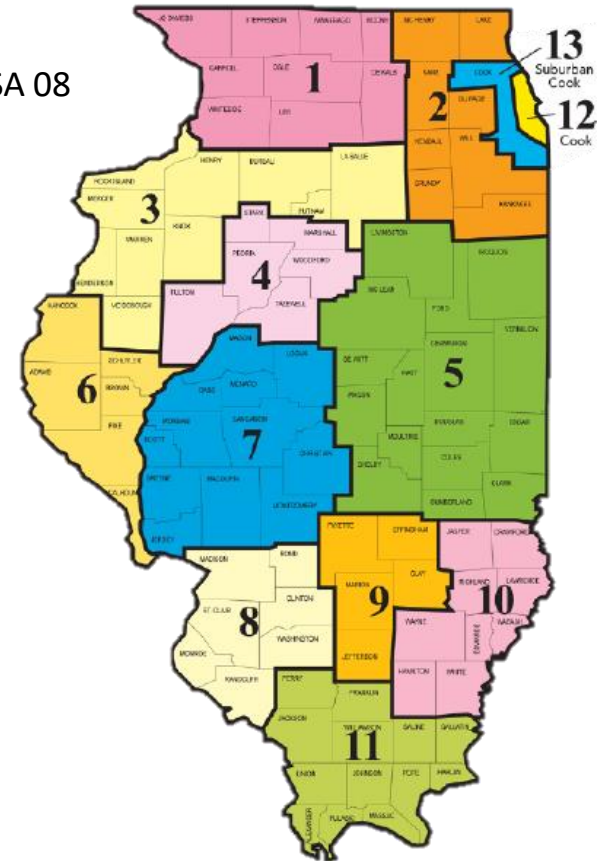
Egyptian AAA – PSA 11
Carterville

Margaret LaRaviere

City of Chicago AAA – PSA 12
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Diane Slezak

AgeOptions AAA – PSA 13
Oak Park



ILLINOIS ASSOCIATION OF AREA AGENCIES ON AGING (I4A)

- Authorized by the Older Americans Act, each Area Agency on Aging has helped build a network of aging services at the local level, collaborating with community partners since the 1970's.
- The Illinois Area Agencies on Aging served 564,425 adults 60 and over during FY 2021
- We served 20% of the Illinois Senior Population in FY 2021.
- We assist older adults, their caregivers, grandparents/relatives raising grandchildren/children, people with disabilities and veterans.



ILLINOIS ASSOCIATION OF AREA AGENCIES ON AGING (I4A)

- Area Agencies on Aging launched the initiative to reduce social isolation among older adults and caregivers back in FY 2019 which continues.
- Area Agencies on Aging engaged an estimated 156,000 older adults in vaccination education and outreach, helping with transportation to vaccine clinics and arranging for in-home vaccinations for homebound individuals.

CHALLENGES FACED BY THE AGING NETWORK DURING COVID-19

Age as a risk factor

Caregiving Challenges

Technology

Nursing Homes

Suspension of in-person programming

Home Vaccinations

Social Isolation

Nutrition Needs

Vaccination Hesitancy



COVID CHALLENGES

Older adults are disproportionately impacted by COVID-19

- **Age as a risk factor** – age correlates with higher risk of hospitalizations and deaths due to COVID-19. According to IDPH* in IL, people aged 70+ account for:
 - 8% COVID cases
 - 68% COVID fatalities
- **Nursing Homes** – very hard to contain respiratory illness in community living facilities. LTC facilities in communities of color disproportionately impacted
- **Social Isolation** – can exacerbate already existing vulnerabilities (i.e. access to food, medication, medical care) it can be equivalent to smoking 15 cigarettes/day
 - Social isolation is a real marker for risk
 - Reaching older adults needing vaccinations while confined to their homes
- **Caregiving Challenges** – increased challenges for caregivers (i.e. lack of respite, moving loved ones from nursing homes, limited adult day services, and grandparents taking care of grandchildren)
- **Suspension of in-person programming** that older adults relied on
 - Effective mid-March 2020, Area Agencies on Aging suspended congregate services such as dining sites and senior center operations; January, 2022, PSA 12 & 13 congregate dining sites which had re-opened are again closed
- **Vaccination hesitancy** – while overall numbers are good for older adults, while a recent CDC survey found 42% of unvaccinated “don’t trust COVID-19 vaccines”.

*<http://dph.illinois.gov/covid19/covid19-statistics>

ILLINOIS AMERICAN RESCUE PLAN ACT (ARPA) FY2022 – FY2024

OLDER AMERICANS ACT AMERICAN RESCUE PLAN ACT (ARPA)
FUNDING EFFECTIVE OCTOBER 1, 2021
AAA#921 IDOA FUNDING ALLOCATION LETTER

TOTAL TITLE III \$50,854,934

TOTAL TITLE VII OMBUDSMAN \$ 363,998

FY 2022 – VAC-5: EXPANDING ACCESS TO COVID-19 VACCINES
VIA THE IL AGING NETWORK \$ 1,829,138



AMERICAN RESCUE PLAN ACT (ARPA) FY 2022 – FY 2024

- TITLE III-B – Community-Based Services
 - \$16,743,929
- TITLE III-C1 – Congregate Meals
 - \$10,919,954
- TITLE III-C2 – Home Delivered Meals
 - \$16,379,930
- TITLE III-D – Evidenced-Based/Healthy Aging Programs
 - \$1,601,593
- Title III-E – Family Caregiver Support Programs
 - \$5,209,528
- Title VII – Illinois Long-Term Care Ombudsman Program
 - \$363,998

ARPA – VAC-5 EXPANDING ACCESS TO COVID-19 VACCINES – FY 2022

- Conduct Outreach to Promote COVID-19 Vaccines and Boosters
- Educate to Reduce Vaccine Hesitancy
- Assist Older Adults Schedule Vaccine/Booster Appointments
- Provide Transportation
- Collaborate with Healthcare Professionals to Help Homebound Older Adults Obtain Vaccines/Boosters

ARPA – TITLE III-B COMMUNITY BASED SERVICES

- Invest in the Information & Assistance & Outreach Infrastructure
- Expand Options Counseling Services
- Expand Reducing Social Isolation Programs
- Expand Legal Assistance to Older Adults
- Expand Transportation Services
- Provide Funding for Emergency Needs (Gap Filling)

ARPA – TITLE III-B COMMUNITY BASED SERVICES

- Improve Equitable Service Delivery to a Racially Diverse Population, including ESL, LGBT+ and the Homeless
- Promote Tech Literacy Among Older Adults
- Implement Housing Preservation for Those At Risk of Eviction
- Implement Senior Concierge Services
- Invest in Training for the Aging Network

ARPA – TITLE III-C1 CONGREGATE NUTRITION PROGRAM SERVICES

- Provide Participants a Two-Diet Option
- Contract with Hospitals and Restaurants in offering Medically Tailored and Cultural/Ethnic Meal Options
- Contract with Registered Dieticians to Provide Nutritional Counseling for Those with Diet and Chronic Conditions
- Open Additional Congregate Meal Sites

ARPA – TITLE III-C1 CONGREGATE NUTRITION PROGRAM SERVICES

- Implement Enhanced Dining Experiences and Diet Choices
- Promote Creative Dining Options
- Offer a Second Meal to Congregate Participants
- Expand Equitable Service Delivery to Congregate Participants
- Replace Needed Central Kitchen Equipment
- Implement Needed Pandemic Precautions

ARPA – TITLE III-C2 HOME DELIVERED MEAL PROGRAM SERVICES

- Sustain Current Level of Home Delivered Meals Due To Increased Demand during the Pandemic
- Provide at Least Two Meal Options for Participants
- Provide a Second Meal for Participants Who Are At High Nutritional Risk
- Expand New Home Delivered Meal Routes to Unserved Areas (based on the FY 2022 IDOA Nutrition Survey)

ARPA – TITLE III-C2 HOME DELIVERED MEAL PROGRAM SERVICES

- Invest in Home Delivered Meal Equipment to Sustain Increased Service Delivery
- Expand Equitable Service Delivery to Participants by
 - Targeting services to culturally diverse areas
 - Entering into contracts with diverse providers to better serve culturally diverse populations
 - Expanding menu choices to address culturally diverse populations
 - Expanding into rural and under-served communities

ARPA – TITLE III-D – HEALTHY AGING/EVIDENCE-BASED PROGRAMS

- Expand Matter of Balance Programs
- Implement/Expand the evidence-based, health education program - BINGOCIZE
- Expand Existing Programs – CDSMP/DSMP, Aging Mastery, Stress Busting for Caregivers & PEARLS
- Establish a Health Promotion Screening Process
- Continue Expansion by Converting to Virtual Programming

ARPA – TITLE III-E – FAMILY CAREGIVERS AND GRANDPARENTS/RELATIVES RAISING GRANDCHILDREN/CHILDREN

- Invest in Current Illinois Caregiver Resource Centers
- Expand Supportive Counseling to Non-Paid Family Caregivers and Grandparents Raising Grandchildren
- Expand Respite Services to Family Caregivers
- Expand Evidence-Based Programs for Caregivers such as Savvy Caregiver and Stress Busting for Caregivers
- Expand Caregiver/Grandparents Raising Grandchildren Gap Filling Services

ARPA – TITLE III-E – FAMILY CAREGIVERS AND GRANDPARENTS/RELATIVES RAISING GRANDCHILDREN/CHILDREN

- **Invest and Expand T-CARE: A Tailored Caregiver Assessment and Referral Program**
 - T-CARE is an assessment tool to help develop a care plan for the caregiver, tailored to the caregiver's specific needs.
 - Goal of T-CARE is to reduce caregiver burden (stress) which includes strain in relationships, interference with other responsibilities, anxiety, and worry.

ARPA – TITLE VII – ILLINOIS LONG-TERM CARE OMBUDSMAN PROGRAM

- Invest and Support the Regional Long-Term Care Ombudsman Programs Serving Residents of:
 - Licensed Nursing Facilities (SNF/ICF)
 - Licensed Intermediate Care Facilities for the Developmentally Disabled (ID/DD)
 - Licenses Assisted Living Facilities
 - Certified Supportive Living Facilities
 - Through Community Outreach, Training, Technology and PPE Supplies

THANK YOU FOR YOUR CONTINUED COMMITMENT TO SUPPORTING OLDER ADULTS OF ILLINOIS!

I4A has supported each Area Agency on Aging to build a network of aging services at the local level, incorporating the preferences of local participants. I4A's mission is to help Illinois' older adults and people with disabilities live with dignity and choices in their homes as long as possible.



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