Illinois Multisector Plan on Aging

Older Adult Services Act Meeting September 15, 2025





What is a Multisector Plan for Aging (MPA)?



State-Led: An MPA can be authorized through legislation, a governor's executive order, or a more informal decree/declaration.



Broad Focus on Aging Throughout the Lifespan:
An MPA is not just for people who are currently older.
It addresses all people who are aging, including caregivers, people with disabilities, direct care workers, young people planning for retirement, and employers who are looking to retain and attract older workers. Messaging doesn't "other" older adults; it promotes the message that "we are all aging".



Cross-Agency Development and Accountability:

While an MPA is usually led by one agency or department (often the unit on aging) the development of the MPA and its implementation are typically done with input, leadership, and accountability from various departments and agencies across state government. The legislative branch of government is often also engaged in the process.



Data Driven: An MPA uses data and evidence in the development phase to identify areas of unmet need and initiatives that the state can consider. It also uses data to demonstrate and measure progress through implementation.



Stakeholder and Consumer Engagement:

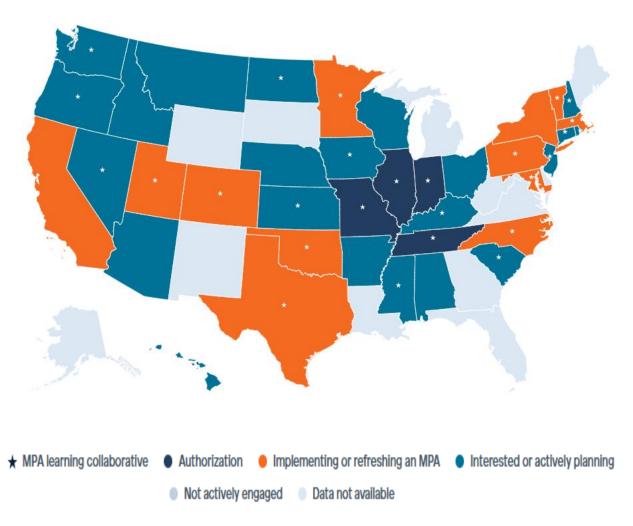
An MPA is developed and implemented with broad stakeholder engagement, including input from aging/disability stakeholders as well as stakeholders who may not traditionally focus on aging. It also includes direct feedback from consumers.



Living Document: An MPA is not 'one and done'. Once it is developed, the expectation is that it will be refreshed every one or two years, and that the state will continue to be accountable to stakeholders for progress reports and measurement of goals.



State and Federal Momentum on MPAs



- Over half of states are working towards an MPA
 - → 16 states have some form of authorization (e.g., executive order, legislation, or decree) to pursue and MPA
- As of August 2025, <u>12 states</u> have developed MPAs
 - → California, Colorado, Maryland, Massachusetts, Minnesota, New York, North Carolina, Oklahoma, Pennsylvania, Texas, Utah, and Vermont
- Strategic Framework for a National Plan on Aging (2024) – effort led by the Administration on Community Living, in partnership with other federal agencies and philanthropic partners.





Recurring Themes

- Lack of Awareness of Available Services
- Need for Centralized Information Source
- Lack of Coordination of Services
- Need for Social Connectedness
- Challenges Aging in Place
- Caregiving Challenges
- Transportation
- Cost of Aging
- Workforce



What Else I've Heard

- Remarkable Programs and Resources
- Existing Models Ready for Replication
- Creative Ideas
- Huge Desire to Collaborate
- Tremendous Knowledge, Dedication, and Tenacity of the Aging Network
- Commitment of Aging-adjacent Partners

All poised and ready to address the challenges



Introducing...



The Illinois Department on Aging's Multisector Plan on Aging (MPA)

Developed in collaboration with a wide range of public and private partners



The Plan

- Governor Pritzker's Response to Recommendations from the Illinois Aging Together Coalition
- Multisector Plan for Aging Ten-year Blueprint
- Establish Priorities, Policies, and Programs
- Partnership and Collaboration are Key
- Reframe How We Think about Aging
- Equity and Inclusion Embedded Throughout



Overarching Principles and Concepts

- Equity and Inclusion
- Person-Centered
- Reframing Aging
- Similarity of Needs in Aging and Disability
- Life Course Approach
- Social Drivers of Health
- Innovation and Technology
- Multisector



Four F

Four Focus Areas

- Creating Livable and Connected Communities
- Ensuring Health for All Ages
- Investing in Caregivers
- 4 Affording Aging



Creating Livable and Connected Communities

Physical Infrastructure

- Age-Friendly Neighborhoods
- Housing Security and Homelessness Prevention
- Transportation

Social Infrastructure

 Social Connection and Community Engagement



Ensuring Health for All Ages

Promote and Preserve Health

- Prevention
- Health Promotion
- Health Care Education for Older Adults

Health Care

- Accessible High-Quality Care for Older Adults
- Care Coordination and Integration
- Health Professions Education on Aging
- Hospice and Palliative Care
- Expand Workforce



Investing in Caregivers

Wellbeing and Resources for Paid and Unpaid Caregivers

- Access to information and training
- Respite care
- Financial resources
- Peer support
- Economic security



Affording Aging

Increase:

- Aging in place
- Funding and availability of home and community-based services
- Access to affordable housing
- Financial knowledge, confidence, and preparation
- Retirement savings rates
- Employment training opportunities



We Need Your Expertise

Everyone plays a role in making Illinois an exceptional place to live, work, support family, and grow older.

Aging well, living well, is about all of us.

We want to hear from you!





MULTI-SECTOR PLAN FOR AGING

ENGAGEMENT SESSIONS

RPL Nordlof Center

118 N Main St Rockford, IL 61101 **Wednesday, August 27** 4 p.m. - 6 p.m.

Toman Branch Library

2708 S Pulaski Rd Chicago, IL 60623 **Wednesday, September 3** 3 p.m. - 5 p.m.

Lansing Public Library

2750 Indiana Ave Lansing, IL 60438 **Thursday, September 11** 4 p.m. - 6 p.m.

SIUE East St Louis Center

601 James R. Thompson Blvd. East St Louis, IL

Tuesday, September 30

10 a.m. - 12 p.m.

Carbondale Civic Center

200 S Illinois Ave Carbondale, IL 62901 **Monday, September 29** 4 p.m. - 6 p.m.

Virtual (Webex)

Monday, September 8

10 a.m. - 12 p.m.

Thursday, October 2

1 p.m. - 3 p.m.

The Illinois Department on Aging, with support from Health & Medicine Policy Research Group, are hosting engagement sessions with people across Illinois to gather input to:

- Explore challenges and solutions
- Discuss region-specific needs and ideas
- Ensure underrepresented communities are heard and included in the plan







Thank you!

For more information:

Visit the website:

https://ilaging.illinois.gov/forprofessionals/

multi-sector-plan-for-aging.html

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