



Illinois Long-Term Care Facility Types

Facility Type	Description
Skilled Nursing Facilities	Skilled nursing facilities provide nursing and therapy care that can only be performed by a skilled or licensed professional such as a registered nurse or a physical therapist. Skilled care is usually short-term. Examples of skilled care include but are not limited to physical therapy; wound care; speech therapy; and IV medication. Individuals may have a short stay in a skilled nursing facility as part of their Medicare benefit.
Intermediate Care Facilities	Intermediate care facilities provide services and some nursing supervision in addition to help with eating, dressing, walking or other personal needs. Medicaid may pay for intermediate care, but Medicare never does. Some intermediate care facilities are private pay only facilities.
Assisted Living and Shared Housing Establishments	Assisted living and shared housing establishments are community-based residential care homes that provide care for residents who do not need the services of a nurse but who do need some help with activities of daily living (i.e. meal preparation, getting dressed). Personal, supportive, and intermittent health-related services are available 24 hours a day. Assisted living and shared housing establishments are private pay and are not certified to accept Medicaid or Medicare.
Sheltered Care Facilities	Sheltered care facilities provide personal care, supervision, oversight, and a suitable activity program. Provisions are made for periodic medical supervision and other medical services as needed. Some sheltered care facilities are similar to assisted living establishments. Some sheltered care facilities accept only residents who are 65 and older while some admit individuals of any age with mental illness diagnoses.
Illinois Veterans' Homes	The Illinois Department of Veterans' Affairs runs four (soon to be five) skilled nursing homes in the state of Illinois. These facilities are located in Anna, LaSalle, Manteno, Quincy, and soon to open, Chicago. Each home is licensed by the IL Dept. of Public Health and certified by the U.S. Dept. of Veterans Affairs Medical Center of jurisdiction. Admission is based on military service as well as medical need and availability.
Specialized Mental Health Rehabilitation Facilities	Specialized Mental health rehabilitation facilities provide rehabilitation, triage as well as crisis stabilization to inpatient hospitalization, provide stabilization for those in post crisis stabilization, and provide transitional living assistance to prepare those with serious mental illness to reintegrate successfully into community living settings.

Intermediate Care Facilities for the Developmentally Disabled	Intermediate Care Facilities for the Developmentally Disabled are also known as ID/DD facilities which provide custodial care for individuals with developmental disabilities who are mobile adults and need physical, intellectual, social, and emotional assistance. These facilities are also considered intermediate care facilities for the intellectually disabled as the term is defined in Title XVIII and Title XIX of the federal Social Security Act. Residents are often out of the building during normal business hours as they attend “workshops” that provide them with an opportunity to earn a small income. Facility staff and workshop staff work together to provide appropriate behavioral training and interventions for residents. Residents may receive Social Security or Medicaid benefits that help pay for room and board.
Medically Complex for the Developmentally Disabled Facilities	MC/DDs provide medically complex, personal care, and nursing to individuals of any age.
Life Care Facilities	Life Care Facilities are also known as Continuing Care Retirement Communities. These facilities are usually on a campus setting and provide accommodations for independent living, assisted living, and nursing facility care. Each individual care setting must meet state and federal requirements, when applicable.
Supportive Living Facilities	Established under Public Aid §.01a 5/5-5.01a. Supportive Living Facilities Program, supportive living facilities were developed in Illinois as an alternative to assisted living and nursing homes for low-income older persons and persons with physical disabilities under Medicaid. Supportive living facilities are similar to assisted living establishments in terms of the care provided. The Department of Healthcare and Family Services (HFS) has obtained a waiver to allow for services that are not routinely covered by Medicaid. The resident is responsible for paying the cost of room and board at the facility. HFS is the regulatory agency for supportive living facilities. A supportive living facility must designate which population it will serve: Persons age 22-64 with a physical disability or persons age 65 or over.
Community Integrated Living Arrangements	Community Integrated Living Arrangements (CILA) are living arrangements for adults (age 18 and older) in a group home, family home or apartment where 8 or fewer unrelated adults with developmental disabilities live under supervision of the community developmental services agency. Residents receive complete and individualized residential habilitation, personal support services and supports under the direction of a community support team within the local agency.
State Operated Developmental Centers	State-operated developmental centers are residential programs serving people with developmental disabilities who have severe medical and/or behavioral needs. The Department of Human Services operates seven developmental centers that provide both mental health and developmental disability services.
Independent Living Facilities	Independent living facilities are retirement communities for healthy seniors who don’t need ongoing medical care. Individuals live in apartments, condos, cottages, etc. and the services and amenities available vary from facility to facility. There are usually staff members on-site at all times. These facilities are not licensed by the state of Illinois.



Illinois Long-Term Care Facility Types with Corresponding Laws and Regulations

Facility Type	Federal Law	Federal Regulation	State Law	State Regulation
Skilled Nursing and Intermediate Care Facilities	42 U.S. Code § 1395i-3 42 U.S. Code § 1396r	42 CFR Part 483 Appendix PP	210 ILCS 45/ Nursing Home Care Act	77 Ill. Admin. Code 300
Assisted Living and Shared Housing Establishments			210 ILCS 9/ Assisted Living and Shared Housing Act	77 Ill. Admin. Code 295
Sheltered Care Facilities			210 ILCS 45/ Nursing Home Care Act	77 Ill. Admin. Code 330
Illinois Veterans' Homes			210 ILCS 45/ Nursing Home Care Act	77 Ill. Admin. Code 340
Specialized Mental Health Rehabilitation Facilities			210 ILCS 49/ Specialized Mental Health Rehabilitation Act	77 Ill. Admin. Code 380
Intermediate Care Facilities for the Developmentally Disabled	ICFs/IID CMS	42 CFR Subpart I	210 ILCS 47/ ID/DD Community Care Act	77 Ill. Admin. Code 350
Medically Complex for the Developmentally Disabled Facilities			210 ILCS 46/ MC/DD Act	77 Ill. Admin. Code 390
Life Care Facilities			210 ILCS 40/ Life Care Facilities Act	77 Ill. Admin. Code 396
Supportive Living Facilities			305 ILSC 5-5.01a / Illinois Public Aid Code	88 Ill. Admin. Code 146.200-310 and 146.600-710
			305 ILCS 5/ Illinois Public Aid Code	
Community Integrated Living Arrangement			210 ILCS 135/ Community-Integrated Living Arrangements Licensure Act	59 Ill. Admin. Code 115
State Operated Developmental Center	ICFs/IID CMS	42 CFR Subpart I		59 Ill. Admin. Code
Independent Living Facilities	Not federally regulated		Not licensed by the State of Illinois	

Illinois Medicaid Resources	IDHS: Policy Manual Chapter Table of Contents	IDHS: Workers' Action Guide Chapter Table of Contents
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Facility Types: Where can I file a complaint?		
Facility Type	Regulatory Agency	Advocacy Agency
Skilled Nursing Facilities	IL Dept. of Public Health (IDPH) 1-800-252-4343 or dph.ccr@illinois.gov	IL Long-Term Care Ombudsman Program 1-888-8966 or Aging.SLTCOProgram@illinois.gov
Intermediate Care Facilities	IL Dept. of Public Health (IDPH) 1-800-252-4343 or dph.ccr@illinois.gov	IL Long-Term Care Ombudsman Program 1-888-8966 or Aging.SLTCOProgram@illinois.gov
Assisted Living and Shared Housing Establishments	IL Dept. of Public Health (IDPH) 1-800-252-4343 or dph.ccr@illinois.gov	IL Long-Term Care Ombudsman Program 1-888-8966 or Aging.SLTCOProgram@illinois.gov
Sheltered Care Facilities	IL Dept. of Public Health (IDPH) 1-800-252-4343 or dph.ccr@illinois.gov	IL Long-Term Care Ombudsman Program 1-888-8966 or Aging.SLTCOProgram@illinois.gov
Illinois Veterans' Homes	IL Dept. of Public Health (IDPH) 1-800-252-4343 or dph.ccr@illinois.gov	IL Long-Term Care Ombudsman Program 1-888-8966 or Aging.SLTCOProgram@illinois.gov
Specialized Mental Health Rehabilitation Facilities	IL Dept. of Public Health (IDPH) 1-800-252-4343 or dph.ccr@illinois.gov	IL Long-Term Care Ombudsman Program 1-888-8966 or Aging.SLTCOProgram@illinois.gov
Intermediate Care Facilities for the Developmentally Disabled	IL Dept. of Public Health (IDPH) 1-800-252-4343 or dph.ccr@illinois.gov	IL Long-Term Care Ombudsman Program 1-888-8966 or Aging.SLTCOProgram@illinois.gov IL DHS Division of Developmental Disabilities 1-888-337-5267 (ask to speak to a representative)
Medically Complex for the Developmentally Disabled Facilities	IL Dept. of Public Health (IDPH) 1-800-252-4343 or dph.ccr@illinois.gov	IL Long-Term Care Ombudsman Program 1-888-8966 or Aging.SLTCOProgram@illinois.gov
Life Care Facilities	IL Dept. of Public Health (IDPH) 1-800-252-4343 or dph.ccr@illinois.gov	IL Long-Term Care Ombudsman Program 1-888-8966 or Aging.SLTCOProgram@illinois.gov
Supportive Living Facilities	IL Dept. of Healthcare and Family Services 1-844-528-8444	IL Long-Term Care Ombudsman Program 1-888-8966 or Aging.SLTCOProgram@illinois.gov
Community Integrated Living Arrangements	IL Dept. of Human Services, Office of Inspector General 1-800-368-1463	IL DHS Division of Developmental Disabilities 1-888-337-5267 (ask to speak to a representative)
State Operated Developmental Centers	IL Dept. of Public Health (IDPH) 1-800-252-4343 or dph.ccr@illinois.gov DHS, Office of Inspector General 1-800-368-1463	IL DHS Division of Developmental Disabilities 1-888-337-5267 (ask to speak to a representative)
Independent Living Facilities	Local Health Department / Law Enforcement	N/A
NOTE: Equip for Equality serves as the Protection & Advocacy System in Illinois across facility settings, working as an independent watchdog over the disability service system monitoring public and private institutions and community-based facilities and programs. www.equipforequality.org		