



Resident and Family Support Council Shared Resources

Topic: Person-Centered/Directed End-of-Life Care

These resources were shared through the Chat feature during the Zoom meeting for the Resident & Family Support Council that occurs twice a month.

Book:

Being Mortal: Medicine and What Matters in the End by Atul Gawande

Websites:

Advance Health Care Planning: Making Your Wishes Known: https://mcforms.mayo.edu/mc2100-mc2199/mc2107-05.pdf?_ga=2.152529273.1526146509.1677618877-537640022.1677618877

Benefits of advance care planning: <https://www.acpdecisions.org/19-evidence-based-benefits-of-advance-care-planning/>

Planning My Way!: <https://www.planningmyway.org/en/guide-sheets>

The Conversation Project: <https://theconversationproject.org/>

International End of Life Doula Association: <https://inelda.org/>

National End-of-Life Doula Alliance: <https://www.nedalliance.org/>

Informed Consent FAQs: <https://www.hhs.gov/ohrp/regulations-and-policy/guidance/faq/informed-consent/index.html>

The Death Deck – conversation facilitator: <https://thedeathdeck.com/>

Death Conversation Facilitator: <https://www.funeralguide.com/blog/end-of-life-game>

Chrysalis Rooms: <https://endoflifeinspirations.com/chrysalis-room/chrysalis-room-overview/#:~:text=A%20Chrysalis%20Room%20is%20a,surrounded%20by%20those%20they%20love>

IL Hospice Resource: <https://il-hpco.org/>

Five Wishes Planning Guide: <https://www.fivewishes.org/>

This version may be a free copy: <https://thelastvisit.com/wp-content/uploads/2014/09/5-Wishes-Advanced-Planning-Guide1.pdf>

Videos:

Death Over Dinner: <https://deathoverdinner.org/>

New Rules For End of Life Care: <https://bkbooks.com/products/new-rules-for-end-of-life-card-a-guide-on-the-stages-of-death?variant=36961174716572>

Information Shared at Each Meeting:

Types of facilities with laws and regulations: https://alternatives-my.sharepoint.com/:w:/g/personal/smaxwell_alternativesforyou_org/EQAnnn1YGYxBigK-S62FwDABulTE7NLCH7lfCsZtPQJ7lw?e=MZlz1N

Ombudsman program contact information: https://alternatives-my.sharepoint.com/:w:/g/personal/smaxwell_alternativesforyou_org/EaCCHw3-OeZKn5JsfDX6yQkBwuFQaY5l-ThbkxBDap9r_Q?e=kchmL6

Like us on Facebook! Illinois Ombudsman Facebook Page: <https://www.facebook.com/profile.php?id=100072406419232>

Visit our YouTube Channel: https://www.youtube.com/channel/UCCrBVzjLs65Fn_6X9AHcrbw